

BOMBAY ORTHOPAEDIC SOCIETY

# **ANNUAL REPORT 2022-2023**





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# NOTICE OF BOMBAY ORTHOPAEDIC SOCIETY'S ANNUAL GENERAL MEETING

EXECUTIVE COUNCIL (2022-23)

**PRESIDENT** DR. RAJESH GANDHI

IMMEDIATE PAST PRESIDENT DR. SANGEET GAWHALE

PRESIDENT ELECT DR. SANJAY DHAR

VICE-PRESIDENT DR. SATISH MUTHA

SECRETARY DR. NEERAJ BIJLANI

**TREASURER** DR. HARSHAD ARGEKAR

EXEC. COUNCIL MEMBERS DR. ABHIJIT KALE DR. ASHISH PHADNIS DR. PRADIP NEMADE DR. SANDEEP BIRARIS DR. DHIRAJ SONAWANE DR. ANOOP DHAMANGAONKAR 15<sup>th</sup> January, 2023

### NOTICE

The Annual General Meeting of the Bombay Orthopaedic Society (BOS) will be held **at Hotel JW Marriott Mumbai Sahar, Andheri East on Sunday, February 26, 2023 at 09.00 am.** 

If there is no quorum, the meeting will be reconvened in 30 minutes; the members then present will form the quorum.

### PROGRAMME

Day & Date	: Sunday, February 26, 2023
Venue	: JW Marriott Mumbai Sahar, Andheri, Mumbai
Time	: 9.00 am onwards

### SCHEDULE

9.00 am onwards	Annual General Body Meeting - Called to Order
10.30 - 11.00 am	Coffee Break
10.30 - 12.30 pm	Election process will commence and will continue alongside the AGM
12.30 - 02.00 pm	Meeting Continues
	All the members attending the meeting are invited to the lunch hosted by the BOS.
02.00 pm	Meeting Concludes with lunch

Please convey RSVP by Filling this google form ( https://forms.gle/dT1WFCD1mMZ7XE3j8 ) by 01.00 pm on February 15, 2023.

Yours Sincerely,

**Dr. Neeraj Bijlani** Hon. Secretary Bombay Orthopaedic Society

# A PHOTO IDENTITY CARD IS MANDATORY TO ATTEND GBM AND CAST A VOTE AT THE ELECTION.

A member is required to remember his membership number.

## NOTICE OF BOMBAY ORTHOPAEDIC SOCIETY'S ANNUAL GENERAL MEETING

### AGENDA

- 1. Condolences
- 2. To confirm and pass the Minutes of the AGM held in February 2022
- 3. Presidential Address: Dr. Rajesh Gandhi Election process will commence
- 4. Presentation of Hon. Secretary's Report: Dr. Neeraj Bijlani
- 5. Presentation of the Hon. Treasurer's report and audited statement of accounts for the year 2021-22. Members are requested to send in writing or email their queries and corrections arising out of minutes of last AGM and statement of accounts to our BOS Secretariat by February 10th, 2023 (secretary@bombayorth.com)
- 6. Proposal for a Living Legacy List
- 7. Appointment for the Auditor of 2023-24
- 8. To approve EC's recommendations to confirm Clinical Meetings for 2023-24 as per applications received (details ahead) and declare Best Clinical Meeting Award
- 9. To ratify the course conveners as per the applications received (Application forms and names of courses attached)
- 10. Ratification of Dr. R. J. Katrak Orator of WIROC 2024 and Dr. K. T. Dholakia Eponymous Lecture of WIROC 2024 who will be standby speakers for WIROC 2023
- 11. WIROC Global Organizing Secretary's Report: Dr. Ashok Shyam and Dr. Vishal Kundnani
- 12. WIROC Max Organizing Secretary's Report: Dr. Ashish Phadnis and Dr. Abhijit Kale
- 13. To approve Applications for BOS Membership
- 14. To appoint Webmasters for 2023-24
- 15. President-Elect Address: Dr. Sanjay Dhar
- 16. Any other matter with the permission of the chair
- 17. Vote of Thanks by Hon. Secretary & Welcome New Members

Yours' truly

**Dr. Neeraj Bijlani** Hon. Secretary Bombay Orthopaedic Society



# NOTICE FOR THE ANNUAL ELECTION OF BOMBAY ORTHOPAEDIC SOCIETY

Elections for the following posts in Executive Council will be held during the Annual General Meeting (AGM) of the Bombay Orthopaedic Society (BOS) on **Sunday, February 26, 2023 at Hotel JW Marriott, Sahar, Andheri East** 

- **PRESIDENT ELECT: 1 Post Vacant** (1-year term; Dr. Rajesh Gandhi will be Immediate Past President from April 1, 2023 and Dr. Sanjay Dhar takes over as President on April 1, 2023)
- VICE-PRESIDENT: 1 Post Vacant (1-year term; Dr. Satish Mutha completes his term and retires and is not eligible for re-election)
- HON. TREASURER: 1 Post Vacant (2 years term - 2023-2025; Dr. Harshad Argekar completes his term and is not eligible for re-election)
- **MEMBERS OF EXECUTIVE COUNCIL: 2 Posts Vacant** (3-year term; Dr. Ashish Phadnis & Dr. Abhijit Kale retire after completing 3 years in the Council and are not eligible for re-election)

Members desirous of contesting the election to these posts should **complete a nomination form and return it to the Hon. Secretary, at the Society's Office on or before 5.00 pm on February 6, 2023.** 

A member may apply for **only ONE** post.

A copy of the nomination form may be obtained from BOS office.

Last date to withdraw nomination is February 10, 2023 by 5.00 pm.

Emailed nomination forms or Digital format will NOT be accepted. BOS does not take the responsibility for any postal/courier delays. In the event that the number of applying candidates is same as the number of vacant posts, there will be no election.

The candidates are expected to adhere to a high moral code of conduct.

Executive Council has appointed Dr. Sangeet Gawhale as The Chief Election Officer

All applications will be scrutinized by him in consultation with the President and the Secretary

Other rules governing the election process are mentioned below.

### ELIGIBILITY CRITERIA FOR ABOVE POSTS AS PER BOS CONSTITUTION

All Members other than Overseas Members, in other words Life Members and only those with at least 5 years standing as a Member. The office bearers and members of the council shall only be those, whose addresses are registered with the office of the BOS as residents of Mumbai, Thane or New Mumbai region.

**President-Elect:** A candidate should be a member of BOS for a minimum period of 10 years. Further, he should have served the BOS as an Executive Council Member for a minimum period of 3 years.

**Vice-President:** A candidate should be a member of BOS for a minimum period of 7 years. Further, he should have served the BOS as an Executive Council Member for a minimum period of 3 years.

**Hon. Treasurer:** A candidate should be a member of BOS for a minimum period of 5 years. Further, he should have served the BOS as an Executive Council Member for a minimum period of 3 years.

**Executive Council Member:** A candidate should be a member of BOS for a minimum period of 5 years. No previous experience as Executive Council Member is required.

# NOTICE FOR THE ANNUAL ELECTION OF BOMBAY ORTHOPAEDIC SOCIETY



### **ELECTION RULES**

- Executive Council has appointed Dr. Sangeet Gawhale as the Chief Election Officer.
- All applications will be scrutinized by him in consultation with the BOS President and the BOS Secretary.
- Election will be conducted by Electronic physical ballot by Electronic Voting Machines (casting and counting of votes will be done by an Electronic Voting Machine)
- All candidates have to sign a declaration to their agreement for the use of Electronic Voting Machine for casting and counting the votes.
- The candidates are expected to adhere to a high moral code of conduct.
- All forms of Electronic Campaigning should stop by 48 hours before the commencement of the Election Process, ie., 24th of February 2023 by 10.30 am.
- Once AGM commences, in-person campaigning must stop.
- Election process will start at 10.30 am during the AGM. The process will be concluded at 12.30 pm. Any member not in the voting queue by 12.30 pm will not be allowed to cast his or her vote.
- The candidate or his (one) representative may be present during the counting process.
- Disputes, if any will be considered by a Council (President, Secretary and the Chief Election officer) and their decision is final and binding.

### PHOTO IDENTITY CARD IS MANDATORY TO CAST VOTE.

**Dr. Neeraj Bijlani** Hon. Secretary Bombay Orthopaedic Society



# **BOMBAY ORTHOPAEDIC SOCIETY NOMINATION PAPER**

Election for President Elect, Vice-President for 1 year, Hon. Treasurer for 2 years and 2 Members of Executive Council for 3 years.

I,		offer my services as
President Elect.		
□ Vice-President		
🗌 Hon. Treasurer		
Member of Executive Council		
of the Bombay Orthopaedic Society for the year 2023-20	024.	
I have been		
Life Member of the BOS (Membership No.: (minimum 5 yrs.)	) for	years
Executive Council member (from to	) for	years
• WIROC Secretary in year		
Hon. Secretary (from to	) for	years
Treasurer (from to	) for	years
Vice - President (from to	) for	years
I,		agree to serve as
	if elected.	
Signature:		
I,	life member of the BO	S, propose the name of
as	f	or the year 2023-2024.
Signature:		
I,	life member of the BO	S, second the name of
as	f	or the year 2023-2024.
Signature:		

### AGREEMENT TO USE OF ELECTRONIC VOTING MACHINE FOR THE BOS EXECUTIVE COUNCIL ELECTION FOR THE YEAR 2023-24

I ....., contesting for the post of ..... hereby agree to the use of Electronic Voting Machine / Online Voting for the election of the BOS Executive Council for the year 2023-24. I accept the process of electronic vote casting as well as electronic counting of votes and shall abide by and accept the result declared by the Chief Election Officer nominated by the BOS Executive Council.

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Signature: .....

Date: .....

# **BOMBAY ORTHOPAEDIC SOCIETY NOMINATION PAPER**



**Undertaking:** I have read the eligibility criteria and rules of the election and I agree to abide fully by them. I understand that violation of any of these will make be liable to disqualification by Election Officer. I will accept fully the decision declared by the Election Officer and BOS President in case of any dispute.

I have faith that the BOS elections are free and fair and will accept the decision of the counting.

do solemnly take a pledge on the living God in my heart that, if elected to the post of .....

...... of the Bombay Orthopaedic Society, I will uphold the goodwill and reputation

of the Society and that it will be my supreme objective.

That I will maintain dignified secrecy of privilege about any matter that I would be privy to in my capacity as an

Office Bearer of the BOS regarding the functioning of the organisation in the Executive Council and will not

share it with members outside the EC or in anyway that may harm the interest of the EC or the organisation.

I, Dr. ...... (Membership No.: .......)

do hereby give an undertaking that I shall not be using any unfair means for my election.

I will abide by the decisions of the Election Officer of the BOS and constitution and rules and regulations of BOS.

### (Only hard copies will be accepted) Send the completed nomination forms to:

**Dr. Neeraj Bijlani,** Hon. Secretary, Bombay Orthopaedic Society, C/o Vama Events Pvt. Ltd., Kohinoor Square, Phase 1, B Wing, Office No.1004, 10th Floor, N.C. Kelkar Road, Shivaji Park, Dadar West Shivaji Park, Mumbai 400 016 Ph: +91-22-46052832 (Monday - Saturday: 10.30 am - 5.00 pm)

Last date for filing nomination forms: February 6, 2023 by 5.00 pm.

Last date for withdrawal of forms: February 10, 2023 by 5.00 pm.

No faxed forms will be accepted. BOS does not take the responsibility for any postal/courier delays. A member can contest for only ONE post.



# FROM THE DESK OF HON. PRESIDENT



Respected Teachers, Senior Colleagues and Dear Friends,

I thank all the members of the Bombay Orthopaedic society to elect me to serve as the President of the society.

I wish all of you and your families, Happy New Year.

This year has been a landmark year, as it was first year after "COVID Era". We started the year as world was limping back to normalcy.

In keeping with the tradition of the BOS, we conducted the clinical meetings and Master Series, various courses, PG Clinics through the year in Physical format. All the courses were oversubscribed, which is a welcome sign. All the Clinical meetings and the Master series were great success and well attended.

We proposed Amby as venue for WIROC Max 2022, the idea was to give fresh air to people and try and get novelty to the WIROC after the world went through the COVID phase. We got GBM nod for the same, But, our seniors and few of the most respected seniors suggested to keep event in Mumbai venue.

We respect our senior's sentiments and the commitment for BOS and reverted to Mumbai.

And WIROC Max 2022 venue was selected as JIO World Convention Centre.

We dreamt big, dreamt of making the WIROC Max 2022, biggest of all. In terms of ACADEMICS and SCIENTIFIC EVENT.

This year, the theme for BOS is "Motivate, Innovate, Integrate".

We worked our way towards the goal.

We tried to incorporate lot of newer ideas and hope we have succeeded in delivering the same.

Team WIROC slept with their dreams and woke up with a commitment to follow up those dreams...

The effort by team is stupendous and you have seen the result of the same.

I sincerely thank all the members of Executive Council, who have contributed for the success of all the academic events of the year. I sincerely thank all the faculty, for sharing their knowledge in WIROC Max 2022. I thank all the members of the Bombay Orthopaedic Society for giving me opportunity to serve the organization and contribute.

JAI HIND

**Dr. Rajesh Gandhi** President, Bombay Orthopaedic Society

# FROM THE DESK OF HON. SECRETARY





I, Dr. Neeraj Bijlani take this opportunity to present to you the Annual report for the Year 2022-23. This year was special for all of us as for the first time not one, but Two WIROCs' were conducted in 2022 along with the post-pandemic rush of physical events.

First, I would like to thank all my fellow BOS Members and Senior Colleagues for putting their trust in me and electing me as the Hon. Secretary of the most prestigious body of Orthopaedic Surgeons.

As I started my term, the lockdown eased out and we went back to all physical events. We successfully conducted 5 Master Series, 6 Clinical Meetings, and 12 Courses in pure physical format. For the First time, we conducted Basic Spine Course with the Bombay Spine Society in Collaboration with BSSCON which was conducted successfully. Selected Talks of Master Series were made available online on BOS YouTube Channel and OrthoTV and were very well received. The Master Series for 5th March is scheduled and a few courses remain to be conducted after the AGM.

WIROC Global and WIROC Max were conducted successfully in March 2022 and December 2022 respectively. The Bone and Joint day was celebrated and multiple events were conducted on public awareness about saving accident victims. The BOS Day was celebrated on 14th Jan by conducting an online event with an NLP Coach on Motivation which was well received.

I thank Dr. Rajesh Gandhi, BOS President for his wholehearted support to the Secretariat in bringing back BOS to the Physical Format and conducting flourishingly WIROC Max in the Jio Convention Centre.

I look forward to working with incoming President, Dr. Sanjay Dhar in the coming year with new events planned for the coming year.

I thank my Entire Executive Council for their wholehearted support and cooperation in conducting events.

Regards,

**Dr. Neeraj Bijlani** Hon. Secretary, Bombay Orthopaedic Society



# FROM THE DESK OF HON. TREASURER



Respected members, hello from the treasurer of BOS Dr. Harshad Argekar. COVID is now an event we put behind us and look forward toward a world without social distancing and physical barriers. Adoption to circumstances is a mark of evolution and the society has evolved over these 3 years. Despite all odds, I am happy to report, the society finances are stable and improving. WIROC 2022 was a resounding success. Thanks to President Dr Sangeet Gawhale and organizing secretaries Dr. Vishal Kundnani & Dr. Ashok Shyam, there was a healthy surplus from the conference. I can report that we have made a consistent increase in our corpus of funds. While in 2020 we had FDs worth 2.2 crore, this year 2023 we have 2.9 crore, and this is before closure of WIROC 22 accounts.

In my first report as treasurer in year 2020 I had suggested means to improve the BOS financial health. I had asked for directions from AGM as regards sponsorship for BOS flagship events. The members were pragmatic in their vision and gave the EC permission for the same. Positive steps taken by EC towards this has helped me get one step closer my goal of making the BOS finances independent of WIROC income. This has reduced the overall BOS expenses. All our teaching courses also have been self-sufficient and well-subscribed. I can happily report that in financial year 21-22 BOS income (other than WIROC) was higher than its expense by about Rs 7 lakh. I had also requested for members to think about endowments towards BOS as their legacy. I am happy to report that 2 senior members have contributed significantly to this end. We are using those funds to enhance the monetary award given to the winner of the Masalawala Best Paper and the Best poster award in WIROC. Both these donors have expressed their wish to remain anonymous, and the BOS EC will respect their wishes. I propose that in future and at their wishes any person making a substantial donation to BOS will have their names published in our annual report in perpetuity. Also, in future BOS directories, these names can be a part of a permanent list. updated with every new directory.

Years 2020 to 2021 we were grappling with problems related to accounting & timely tax payments, primary due to inconsistent practices & unpredictability of cash flow. I can report that this year 2022-23 I have managed to rationalize our taxes & make timely tax payments. The EC on my recommendation has appointed a new professional accountant who will do our tax & GST calculations. With this appointment, we will reduce the burden on our back office and improve coordination with our auditor. I am hopeful to achieve a zero penalty for tax payments in the coming years.

This is my last report as the treasurer. When I came to this post, I had set out certain goals. I wanted our finances to be healthy, taxes to be rationalized and our corpus to be increased. I am happy to say that I have achieved all of them. The society is closer to be financially independent from WIROC income, our taxes are paid on time, our FDs have increased. All in all, I am satisfied with these achievements. I will be updating the treasurers Bluebook to serve as a guide for future treasurers. I am extremely grateful to the 3 Presidents during my tenure Dr. Subranshu Mohanty, Dr. Sangeet Gawhale & Dr. Rajesh Gandhi, who along with the EC members helped me in achieving the goals I set. I also wish to specially thank Dr. A. J. Thakur who was a

# FROM THE DESK OF HON. TREASURER

mentor & guide for me during these 3 years. I was uniquely lucky to hold this post for 3 years due to 'electoral reform' in the BOS system and I will be happy to serve the BOS in any advisory capacity in the future. Thanking You,

Harshed Argebar

**Dr. Harshad Argekar** Hon. Treasurer



The Members,

BOMBAY ORTHOPAEDIC SOCIETY

We have audited the attached Balance Sheet of **BOMBAY ORTHOPAEDIC SOCIETY** as at 31st March 2022 and the annexed Income & Expenditure A/c of the Society for the year ended on that date. These financial statements are the responsibility of the Society's management. Our responsibility is to express an opinion on these financial statements based on our audit.

We conducted the audit in accordance with Auditing Standards generally accepted in India. Those Standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that the audit provides a reasonable basis for our opinion.

- 1) We have obtained all the information and explanation, which to the best of our knowledge and belief were necessary for the purpose of our audit.
- 2) In our opinion proper books of account as required by law have been kept by the Society so far as appears from our examination of books.
- 3) The Balance Sheet and Income & Expenditure account dealt with by this report are in agreement with the books of accounts.
- 4) In our opinion and to the best of our information and according to the explanation given to us, the accounts gives a true and fair view.

i) In the case of the Balance Sheet of state of affairs of the Society as at 31st March, 2022

And

ii) In the case of the Income & Expenditure Account of the Surplus of Expenditure over Income for the year ended on that date.

Place: Mumbai Date: 5<sup>th</sup> November, 2022 For **C. M. GABHAWALA & CO.** Chartered Accountants FRN: 102870W

Sd/-

Biren C. Gabhawala (Partner) Mem No.: 040496 UDIN: 23040496BGSDDY8889

# **BOMBAY ORTHOPAEDIC SOCIETY: INCOME & EXPENDITURE FOR THE YEAR ENDED MARCH 31, 2022**

### BOMBAY ORTHOPAEDIC SOCIETY

INCO	JME & EXPE	NDITURE FC	DR THE YEAR ENDED 31 <sup>ST</sup> MARC	H 2022	
EXPENDITURE	AMOUNT	AMOUNT	INCOME	AMOUNT	AMOUNT
	(2020-21)	(2021-22)		(2020-21)	(2021-22)
To Audit Fees	50,000		By Course Fees	1,170,277	28,05,071
To Bank Charges	53	53	By Bank Interest	26,873	33,642
To Conference /	72,342		Donation Received From IAA		5,00,000
Meeting Expenses			By FD Interest	1,288,788	12,02,690
To Course Expenses	14,41,433	14,90,931	By Interest on IT refund	160,160	9,970
Miscellaneous Exp		21,296	Balance written back		5,440
Gift and Momentos		354	By Net Excess Of income over	1,901,284	48,36,808
To Postage & Courier Telegram	15,000		Expenses WIROC Excess Provision written back	142,821	
Covid Collection Expenses	1,63,328		Discount	13,347	
To Printing & Stationery	1,18,500		Covid Collection	271,187	
To Professional Fees	36,000	1,25,100	Excess of Expenses Over Income	746,618	
To Professional Fees (Vama Events)	3,24,000		(BOS)		
Retainership Fees		3,60,000			
Food Expense		4,04,412			
To Depreciation	312	187			
To Interest on Late Payment of TDS	123	91			
Balance Written off	7,305				
To GST Expenses	30,96,297				
To Medical Council Charges	11,959	29,741			
To Sundry expenses	13,219	18,397			
Net Excess of Expenses over income (IOACON)	3,71,484	385			
Excess of Income over Expense (BOS)		69,42,675			
TOTAL	57,21,355	93,93,621		57,21,355	93,93,621

### INCOME & EXPENDITURE FOR THE YEAR ENDED 31<sup>st</sup> MARCH 2022

FOR C.M. GABHAWALA & CO.

Chartered Accountants FRN. 102870W

### **BIREN C. GABHAWALA**

PARTNER Mem No.: 40496 UDIN: 21040496AAAAAL8063 Place: Mumbai Date: 5 November, 2022

### For BOMBAY ORTHOPAEDIC SOCIETY

HARSHAD G. ARGEKAR HON. TREASURER

Place: Mumbai Date: 5 November, 2022



BALANCE SHEET AS AT 31<sup>st</sup> MARCH 2022

LIABILITIES	AMOUNT	AMOUNT	ASSETS	AMOUNT	AMOUNT
CAPITAL ACCOUNT			FIXED ASSETS		
LIFE MEMBERSHIP FUND		36,26,055	Computer	467	
			Less: Depreciation	(187)	280
INCOME & EXPENDITURE A/C			INVESTMENTS		
Opening Balance b/fwd	2,37,10,841		Accrued Interest on FD with Banks	44,63,393	
Current Period Excess of	69,42,675		Fixed Deposit	15,00,000	
Exp over income			FD with Bank of Baroda	2,09,00,000	2,68,63,393
Less : Duties & taxes	(33, 19,607)	2,73,33,909	CURRENT ASSETS		
			Prepaid Expenses - IOACON	3,38,732	
<b>CURRENT LIABILITIES</b>			Course Fees & Stall	1,77,958	5, 16,690
Expenses Payable - Wiroc	2,44,85,139		Income recoverable		
Expenses Payable - BOS	5,16,872		LOANS & ADVANCES		
GST payable (net of ITC)	10,03,326		Sundry debtors - BOS	1,18,000	
Indian Orthopedic Association	20,00,000		Sundry debtors - WIROC	86,55,002	
TDS on Contracts	4,04,199		IOACON	8,71,314	96,44,316
TDS on Prof. Fees	1,63,400	2,85,72,937	CASH & BANK BALANCES		
			Bank of Baroda	8,88,244	
			Bank Account IOACON	11,003	
			Bank of Maharashtra - WIROC	2,15,56,374	
			Cash in hand	52,601	2,25,08,222
TOTAL		5,95,32,901	TOTAL		5,95,32,901

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# FOR C.M. GABHAWALA & CO.

Chartered Accountants FRN. 102870W **BIREN C. GABHAWALA** PARTNER Mem No.: 40496 Place: Mumbai Date: 5 November, 2022

# For BOMBAY ORTHOPAEDIC SOCIETY

HARSHAD G. ARGEKAR HON. TREASURER Place: Mumbai Date: 5 November, 2022

**BOMBAY ORTHOPAEDIC SOCIETY: BALANCE SHEET AS AT MARCH 31, 2022** 

# WIROC: INCOME & EXPENDITURE FOR THE YEAR ENDED MARCH 31, 2022

### WIROC

### INCOME AND EXPENDITURE FOR THE YEAR ENDED 31<sup>ST</sup> MARCH 2022

EXPENDITURE	A	MOUNT	INCOME	A	MOUNT
	(2020-21)	(2021-22)		(2020-21)	(2021-22)
To Bank Charges	1,894	307	By Course Fees	6,976,982	
To Event Expenses	9,113,527	3,23,35,743	By Stall Bookings	5,158,581	
To Entertainment		97,500	By Sponsorship Fees	42,372	
To Course expenses	798,272	2,96,144	Unbilled Stall Income	1,594,736	
To Gifts & Mementos	116,076		Unbilled Sponsorship	407,629	
To Postage & Courier	75,000		Unbilled Registration Fees	38,135	
Printing & Stationery	473,360		Fees		3,80,14,641
To Travelling Expenses		5,77,994	Unbilled revenue Refund		(36,533)
To Professional Fees	1,432,700		Discount		1,81,646
Miscellaneous Expenses		12,000			
Medical Council Charges	133,150				
GST Expenses	1,350				
Interest on Late Payment of TDS	16	3,258			
Sundry Expenses	136,713				
To sundry balance Written off	35,094				
To Excess of income over expenditure	19,01,284	48,36,808			
TOTAL	1,42,18,435	3,81,59,754		142,18,435	3,81,59,754

### FOR C.M. GABHAWALA & CO.

Chartered Accountants FRN.: 102870W

For WIROC

### **BIREN C GABHAWALA**

PARTNER Mem No. 40496 Place: Mumbai Date: 5 November, 2022

### HARSHAD G. ARGEKAR

HON. TREASURER

Place: Mumbai Date: 5 November, 2022



# WIROC: BALANCE SHEET AS AT MARCH 31, 2022

WIROC

BALANCE SHEET AS AT 31<sup>st</sup> MARCH 2022

LIABILITIES	AMOUNT	AMOUNT	ASSETS	AMOUNT	AMOUNT
INCOME & EXPENDITURE A/C			CURRENT ASSETS		
Opening Balance	32,12,457		Stall Income recoverable	1,77,958	
Current Period Surplus	48,36,808		TDS credit	8,48,535	
Less: Transfer to BOS	(50,71,846)	29,77,419	Receivable from IOACON	3,050	
CURRENT LIABILITIES			Sundry debtors	86,55,002	96,84,545
Event expenses payable	2,44,85,139		CASH & BANK BALANCES		
GST Payable	32,97,695		Cash-in-hand	39,060	
TDS on Contractor	3,94,725		Bank Accounts	2,15,56,374	2,15,95,434
TDS on Prof Fees	1,25,000	2,83,02,560			
TOTAL		3,12,79,979	TOTAL		3,12,79,979

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VALA	nts	
FOR C.M. GABHAWALA & CO.	Chartered Accountants	$\sim$
M. G/	ed Acc	FRN.: 102870W
DR C.	narter	RN.: 1
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**BIREN C GABHAWALA** PARTNER Mem No. 40496 Place: Mumbai Date: 5 November, 2022

For WIROC

HARSHAD G. ARGEKAR HON. TREASURER

Place: Mumbai Date: 5 November, 2022

# CALL FOR INSTITUTES TO HOST CLINICAL MEETINGS

Applications are invited from Head of Department of institutes desiring to hold the BOS Clinical Meetings for 2023-24.

Minimum criteria are:

- 1. AC Hall of 100 capacity
- 2. Mumbai, Navi Mumbai or Thane
- 3. P. G. Training Institute with at least 2 units
- 4. Clinical work which can hold a good meeting
- 5. Presentations with clinical cases is mandatory
- 6. MMC accreditation is mandatory

7. The Institute should also be willing to conduct and participate in the meeting if the meeting has to be conducted in an online format, in unforeseen circumstances as decided by the BOS Executive Council.

The applications will be scrutinized and the AGM will allocate meetings on the recommendations of the Executive Council.

Applications are invited for 6 full meetings on first Sunday of even months of the year namely; June, August, October, December (2023), February & April (2024).

Applications should be made in writing or Email to Hon. Secretary, Bombay Orthopaedic Society, secretary@bombayorth.com giving relevant details supporting the bid by the 10th of February, 2023, 11.59 pm (IST)



# **INSTRUCTIONAL COURSES FOR THE ACADEMIC YEAR 2023-24**

Applications are invited from BOS Members for the following Instructional Courses.

The applications will be scrutinized and the AGM will allocate meetings on the recommendations of the Executive Council.

Applications should be made in writing or Email to Hon. Secretary, Bombay Orthopaedic Society, secretary@bombayorth.com giving relevant details supporting the bid by the 10th of February, 2023, 11.59 pm (IST).

- 1) Basic Trauma Course
- 2) Basic Paediatric Course
- 3) Basic Spine Course
- 4) Basic Arthroscopy Course
- 5) Orthopaedic Oncology Course
- 6) Foot and Ankle Course
- 7) Hand Course
- 8) Technology Skills Course
- 9) Basic Arthroplasty Course

# BOMBAY ORTHOPAEDIC SOCIETY COURSE CONVENOR APPLICATION FORM

To,		
The Hon. Secretary,		
Bombay Orthopaedeiic Society		
C/o Vama Events Pvt. Ltd., Kohinoor Square Phase I,		
B Wing, Office No. 1004, 10th Floor, N. C. Kelkar Road,		
Shivaji Park, Dadar West, Mumbai 400 028.	Application No	
Name of the Course:		(FOR OFFICE USE)
Name of the Convener:		
BOS Membership No.:		
Name of the Co-Convener:		
Venue:		
Probable Dates & Duration:		
Live Surgeries being relayed live: Yes / No		
Live demonstration in OT (Delegates allowed inside OT): Yes	s/No	
Course Venue: Single / Multiple Centers: Yes / No		
Video Sessions: Yes / No		
Hands-on Workshop: Yes / No		
Cadaveric Workshop: Yes / No		
Bone-Model Workshop: Yes / No		
No. of Delegates:		
Course Fees: Tota	al expenditure:	
Essential Audio-Visual Equipment needed:		
Proposed Core Faculty:		



# BOMBAY ORTHOPAEDIC SOCIETY COURSE CONVENOR APPLICATION FORM

Application No	
CONVENER INFORMATION	(FOR OFFICE USE)
Qualifications:	
Current Hospital Attachment:	
No. of years of experience in the said speciality:	
Have you been a Convener for a similar BOS Course in the past? (same speciality) Yes/No (If yes, mention details.)	
Have you been a Convener for any other course in the past for BOS in any speciality? Yes/No (If yes, mention details.)	
Have you been a Co-Convener for a similar BOS Course in the past? (same speciality) Yes/No (If yes, mention details.)	
Have you been a Co-Convener for any other course in the past for BOS in any speciality? Yes/No (If yes, mention details.)	
Have you been a Faculty for the same BOS course in the past? Yes/No (If yes, mention details.)	

Please attach a detailed program plan as per the attached preforma and course content with the application. (No changes will be allowed in the program and the content of the course).

Signed

Last date for submitting written application is February 10, 2023



### **CLINICAL MEETINGS**

Clinical Meetings continue to be the highlight of our academic activities. In all the meetings, good clinical cases followed by excellent discussions was the hallmark. There was lot of active participation from members other than the host institute and post-graduates.

### Date: April 3, 2022

Conveners: Dr. Eknath Pawar, Dr. Rajesh Gandhi Institute: J. J. Group of Government Hospital, Byculla, Mumbai Delegates: 61

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### Date: June 5, 2022

Convener: Dr. Rujuta Mehta BJ Wadia Hospital for Children - SM Merchant Auditorium Delegates: 54

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### Date: August 7, 2022 Convener: Dr. Arvind Goregaonkar Institute: LTMGH, Sion Hospital, Mumbai Delegates: 72

\* \* \* \* \* \*

### Date: October 2, 2022

Convener: Dr. Shakir Kapadia Institute: Saifee Hospital, Mumbai Delegates: 83

\* \* \* \* \* \*

### Date: December 11, 2022

Convener: Dr. Swapnil M. Keny Institute: K. B. Bhabha Hospital, Bandra, Mumbai Delegates: 50

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### UPCOMING CLINICAL MEETINGS

### Date: February 5, 2023

Convener: Dr. Eknath Pawar Institute: Sir JJ Hospital, Mumbai

\* \* \* \* \* \*

Date: April 3, 2023 Convener: Dr. RCS Khandelwal Institute: BYL Nair Hospital, Mumbai



# **BOS MASTER CARES & MASTER SHARES SERIES**

### Chairperson: Dr. Satish Mutha, Hon. Vice President, BOS

The Master Cares Master Shares initiative was started in 2008-2009 as a novel idea for partaking in in-depth discussions on a focussed aspect in various specialities of Orthopaedics. Over the past several years it has witnessed a rich plethora of topics and enjoyed popularity as a value addition to the academic traditions of BOS. The AGM of 2015 and 2016 entrusted the responsibility of designing and conducting the series to the Hon. Vice-President of the association. This will be the 7th edition as a flagship activity; it's a proud privilege to have the opportunity to weave it around a central theme spanning all specialities. Orthopaedic Practise has witnessed immense advances and diversification over the past two decades. Of particular significance is the way they approach to treatment of certain common conditions has radically changed. We have therefore put the spotlight on these big ideas in a detailed overview; as they deserve centre-stage.

Date:	May 8, 2022
Торіс:	Elbow – Opening the Pandora's Box
Venue:	D. Y. Patil Medical College & Hospital
Conveners:	Dr. Prakash Samant, Dr. Sanjay Dhar, Dr. Aashay Kekatpure
Attendance:	88
	* * * * *
Date:	July 3, 2022
Торіс:	Hip Hip Hooray
Venue:	Nanavati Max Super Speciality Hospital
Conveners:	Prof. Pradeep Bhosale, Dr. Girish Dewnany
Attendance:	115
	* * * * *
Date:	September 4, 2022
Торіс:	Hand Trauma
Venue:	Godrej Memorial Hospital
Convener:	Dr. Pankaj Ahire
Attendance:	77
	* * * * *
Date:	November 6, 2022
Торіс:	Peri Prosthetic Joint Infections and Peri Prosthetic Fracture
Venue:	Sir HN Reliance Foundation Hospital
Conveners:	Dr. Vaibhav Bagaria, Dr. Anoop Dhamangaonkar
Attendance:	111
	* * * * *
Date:	January 15, 2023
Торіс:	Physeal Injuries "Growth Mein Gadbad"
Venue:	B. J. Wadia Hospital



Conveners: Dr. Atul Bhaskar, Dr. Binoti Sheth Attendance: 55

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### UPCOMING BOS MASTER CARES MASTER SHARES SERIES

Date:	March 5, 2023
Торіс:	Complex shoulder fractures Shouldering the Burden !!
Venue:	Jupiter Hospital, Thane
Conveners:	Dr. Raman Umralkar, Dr. Ashish Phadnis

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# INSTRUCTIONAL COURSES BASIC TRAUMA COURSE

Date	:	July 23 - 24, 2022
Venue	:	Jupiter Hospital, Thane Bhabha Hospital, Bandra
Convener	:	Dr. Ashish Phadnis
Co-Convener	:	Dr. Swapnil M. Keny
Delegates	:	20

The BOS Basic Trauma Course was held on the 23rd and 24th July 2022 at the Jupiter Hospital in Thane.

The convenors were Dr. Ashish Phadnis and Dr. Swapnil Keny.

The faculty comprised of orthopaedic surgeons from the city and teaching hospitals around Mumbai and Navi Mumbai.

There were 20 delegates and the course was for 2 days. The highlights of the course included a section on paediatric fractures and TENS nailing. The first day was dedicated to basic concepts of fracture healing and factors affecting fracture healing. Didactic lectures dedicated to the individual fracture patterns were on the second day.

There were hands-on sawbone workshops for Tibia Nailing, Femoral Nailing and Proximal Femoral Nailing which were conducted by the industry.

The Virtual Reality headsets were used to demonstrate and perform virtual suprapatellar tibia nailing.

Use of ARS like app, SLIDO made it interactive and delegates would ask questions without hesitation as it was all anonymised.

Overall the feedback was good with delegates wanting more hands-on in the next course.

# Dr. Ashish Phadnis

Sd/-

### \* \* \* \* \* \* \* \* \* \* \* \* \* \*

### BASIC ARTHROSCOPY COURSE

Date		August 27 - 28, 2022
		0
Venue	:	Holy Spirit Hospital, Andheri East
Convener	:	Dr. Abhishek Arun Nerurkar
Co-Convener	:	Dr. Sandeep Biraris
Delegates	:	32

The course started on Saturday, August 27th, 2022 as per the schedule with a welcome of delegates, introduction to the course and the workshops. After the first didactic session, live surgery was performed by Dr. Nicholas Antao. He demonstrated how to take the portals, diagnostic view of the joint and meniscus surgery in detail. Course inauguration was performed at 11 am by Dr. Rajesh Gandhi (BOS President), Dr. Nicholas Antao



(Head of Dept.), Dr. Abhishek Nerurkar (Course Convener), Sr. Lissy (Executive Director), Dr. Susan Sodder (Medical Director), Dr. Anuja Sinha (Asst. Medical Director) and other dignitaries from Holy Spirit Hospital. Second live surgery was performed by Dr. Rajesh Shirishkar. He demonstrated Arthroscopic Anatomical ACL reconstruction surgery. Both the live surgeries were very well appreciated by the delegates and there was good active discussion throughout the live surgeries.

In the post-lunch session, there were lectures focused on decision-making in ACL and meniscus injuries. There were five hands-on workshops conducted on the first day; basics of optics and triangulation, probing exercises, loose body removal practice and graft preparation techniques. There was a complete workshop on all inside meniscus repair with live demonstration of technique and every delegate was provided with a loaded meniscus repair device, which they fired on the meniscus model to get the feel of the repair. There were fully equipped 10 scopy stations to give ample experience for hands-on training to conclude the day 1.

The second day began with lectures on the basics in shoulder arthroscopy. After a brief session, delegates were given ten mounted dry knee models, with fully equipped optics and ACL instrumentation sets. They were first given a complete step-by-step demonstration of how to do an ACL Reconstruction by Dr. Abhishek Nerurkar, and each delegate performed the surgical steps on the dry models that were provided to them. The focus was that each and every delegate should be able to perform an ACL Reconstruction confidently after the workshop.

In the Post lunch session, delegates were taught about principles of knots followed by a workshop on Arthroscopic Knot Tying. Each and every delegate was shown how to do the knots outside the joint and pass them over the tissues. At the end, they were also provided with fibre wires, to get the exact feel of knot tying during the surgeries. The final session was dedicated to Video demonstrations and problem-solving. The course concluded with a vote of thanks from the faculty on behalf of the BOS and feedback from the delegates. The course was well appreciated and delegates were looking forward to the next one.

Dr. Abhishek Arun Nerurkar Sd/-

### \* \* \* \* \* \* \* \* \* \* \* \* \* \*

### BASIC ILIZAROV COURSE

Dates	:	September 10 – 11, 2022
Venue	:	Club Emerald, Chembur, Mumbai
Convener	:	Dr. Mangal Parihar
Co-Convener	:	Dr. Divya Ahuja
Delegates	:	53

After the COVID bread, which necessitated online courses, a hands-on course was organised under the aegis of the BOS, at the Emerald Club, Chembur.

Initially, the number of registrations was low, upto a month before the event. However, with the advice and help of Dr. Neeraj Bijlani, our BOS secretary, we (mainly he), sent out some info on social media, following which, the numbers rapidly swelled over a week, such that by the time of the event we had 55 registrations.

25

The course followed a well-established programme, based on what I perceived as the learning needs of



Orthopaedic Surgeons who are not conversant with the Ilizarov method. We have conducted a similar program 5 times, with regular improvements.

This year, learning from the past, we added a couple of new teaching videos, to be run before the hands-on workshop, this year. Also, we added some Lectures in video form, from faculty members who could not make it to the event in person.

A clear learning outcome, "delegate will be able to apply a simple tibial frame or LRS for a tibial non-union, with confidence" and a course structured to meet that outcome, by way of (minimal) lectures, detailed handson sawbones workshops and case discussions, helped us to meet the goals of the course.

The following workshops were done.

- 1. Wire passing and fixation
- 2. Basic Tibial frame (Ilizarov)
- 3. Tibial Frame for Proximal/Distal Tibia
- 4. Tibial bone transport (Ilizarov)
- 5. Rail fixator for tibia
- 6. Rail fixator for femur
- 7. Demo of Deftfix Six-Axis System

There were 12 workstations, with 4 delegates per workstation. On both days, we had 1 table instructor per workstation. Table instructors were surgeons who are regularly practicing Ilizarov surgery, and having prior training in Ilizarov surgery, having done 1 year fellowship previously.

Faculty comprised: Dr. Mangal Parihar, Dr. Divya Ahuja, Dr. Ankit Chauhan, Dr. Purav Kansara, Dr. Rajiv Gupta, Dr. Amar Soni, Dr. Kuldip Parmar, Dr. VSV Kumar, Dr. Ajit Chalak, Dr. Virupaksha Kachewar, Dr. Rejul Raj, Dr. Mehul Khatri, Dr. Anurag Das.

Virtual (recorded) Lectures: Dr. P. N. Vasudevan, Dr. Krishnakumar Mechoor, Dr. Arunlal KP, Dr. Tarandeep Singh The feedback was excellent, and I believe that the one-to-one micro-teaching at the tables by the table instructors was instrumental in the success of the teaching model. (the tabulated results of the feedback form are also attached to this report)

Apart from my Faculty members, thanks to my co-convener Dr. Divya Ahuja, and Dr. Neeraj Bijlani for his help in improving the registrations. And Vaibhav Pisal of Vama Events for keeping all the registration paperwork in order.

Also, to be mentioned is that we got great support from Jayant Athavale (OrthoMedic) and his team, and other staff from Pitkar Orthotools, Pune, who also supplied all the sawbones and sets required for the workshops.

I would like to acknowledge the support of SH Pitkar Orthotools, who supplied support staff and all the workshop material (sawbones and Ilizarov/LRS sets) for the workshop.

# **Dr. Mangal Parihar** Sd/-

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### BOS BASIC PEDIATRIC ORTHOPEDIC COURSE

Dates	:	September 15 – 18, 2022
Venue	:	SRCC Children's Hospital, BJ Wadia Children's Hospital, Agashe Super-Specialty Hospital
Convener	:	Dr. Avi Shah
Co-Conveners	5:	Dr. Rujuta Mehta, Dr. Swapnil M. Keny
Delegates	:	10

Our yearly BOS paediatric orthopaedic course held between 15 – 18 September, 2022. The course was convened by Dr. Avi Shah along with his co-conveners Dr. Rujuta Mehta and Dr. Swapnil Keny. The course was attended by 10 delegates from various parts of India. The event was hosted by 3 venues SRCC Children's Hospital, BJ Wadia Children's Hospital and Agashe Super-specialty hospital. During the course, we had planned multiple live surgeries and workshops for the delegates on various themes. Day 1 at SRCC Children's Hospital, Haji Ali we had a theme of cerebral palsy for beginners and showed 9 live surgeries along with multiple lectures / case-based discussions on cerebral palsy and other topics. We also held a bone saw workshop for distal femur osteotomies for our delegates. Day 2 was held at BJ Wadia Children's Hospital, Parel and our theme was clubfoot and Pediatric Deformity. We had 8 live surgeries demonstrated along with discussions on deformity planning and various pediatric conditions. In the evening we had a clubfoot workshop for our delegates. Basics of clubfoot and its treatment principles were discussed. Ponseti method was taught and demonstrated on 3 patients of various types of clubfoot along with hands-on training on clubfoot models for our delegates. Day 3 was held at Agashe Super-specialty hospital, Kurla where our theme was Office pediatric orthopaedics where we demonstrated 6 live surgeries and had lectures and discussions on various pediatric orthopedic conditions. We had a hands-on bone saw workshop for FD rodding in Osteogenesis Imperfecta, proximal femoral osteotomies with our newer implants and pelvic osteotomy basics.

On the last day we conducted a Paediatric trauma surgical techniques symposium at SRCC Children's hospital which was opened to all BOS members/ fellows and residents along with our delegates. We had 50 delegates in attendance and had a workshop on Paediatric BLS. We demonstrated various surgical techniques of various common upper limb and lower limb fractures. Overall, we had a successful 4 days of learning on various aspects of Paediatric Orthopedics.

**Dr. Avi Shah** Sd/-

### HAND SURGERY COURSE

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Date	: September 21 - 24, 2022
Venue	: KEM Hospital, BJ Wadia Children's Hospital, Shusrusha Hospital, Godrej Hospital, Pinnacle Hospital.
Convener	: Dr. Bipin Arun Ganghurde
Co-Convener	: Dr. Kiran Ladkat
Delegates	: 15



Hand Course 2022 was conducted from 21 September 2022 to 24 September 2022. It was for the first time the audiovisual was included in hand course with 5 centres showing 24 live operative hand cases, recorded videos and practical tips about hand surgery from the masters.

Day 1 started with bang in KEM hospital with Dr. Prashant Kamble, Dr. Bipin Ghanghurde, Dr. Pankaj Ahire and Dr. Patankar showing 9 live cases.

Day 2 morning session was at Wadia Children's Hospital where Dr. Rujuta Mehta, Dr. Bipin Ghanghurde, Dr. Shankar Srinivasan showed 3 cases. We also showed operative videos of Dr. Mukund Thatte especially the Pollicisation video which was admired and liked by all.

Afternoon session was with Dr. Warrier in Shushrusha Hospital Dadar. He operated on three very challenging cases.

Day 3, Morning session was in Zen Hospital, Chembur where Dr. Patankar took us through the entire hand surgery cascade practical tips and 4 live cases were performed.

Afternoon: We headed to Thane Pinnacle Hospital

Dr. Parag Lad had 3 cases.

Finally, Day 4 on Saturday: Dr. Bipin Ghanghurde, Dr. Kiran Ladkat performed two Amazing cases in Pinnacle thane and Dr. Gautam Tawari conducted a saw bone workshop.

My Co-convener Dr. Kiran Ladkat helped me a lot and Dr. Rohan Habbu always guided me during the course The gamble of using Av paid off very well.

Thanks Hon. President Dr. Rajesh Gandhi and Hon. secretary Dr. Neeraj Bijlani for joining us during the course. The course wouldn't have been possible without our course sponsorer Sorath Surgicals.

Thank you, BOS, for letting me organise the course.

Dr. Bipin Ghanghurde

Sd/-

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### ADVANCED FRACTURE COURSE

Date	:	September 26 - 29, 2022
Venue	:	Cooper Hospital, Hotel Tunga Vashi.
Convener	:	Dr. Sanjay Dhar
<b>Co-Conveners</b>	:	Dr. Sachin Kale, Dr. Prasad Chaudhari
Delegates	:	12

Advanced fracture course was conducted from 26th to 29th of September 2022 in various hospitals of Mumbai, Navi Mumbai and Thane.

Course format was partly surgical demonstrations in the first half of the day and in the afternoon CME on various trauma topics conducted in various hospitals and one online for out of Mumbai faculty.

12 delegates registered for the course. Delegates were divided into four batches, each batch comprising of 3 delegates to facilitate better interaction with faculty demonstrating live surgeries and also allow them actively



scrubbing and assisting the surgery.

Faculty demonstrating surgeries where given prior guidelines like preop case discussion and operative plan, scrubbing of delegates and allowing them assistance and post-op management for a better hands-on experience and interaction with faculty.

On first day 26th September, batches were referred to Cooper Hospital under the guidance of Dr. Ganesh Yeotiwad, Bombay Hospital under Dr. Parag Munshi, Saifee Hospital under Dr. Sangeet Gawhale and Dr. Binoti Sheth at LTMG Hospital Sion.

In the Afternoon physical CME was held at Cooper Hospital where various trauma topics were discussed along with case discussion.

On 2nd Day 27th September fracture surgeries were held at LTMG Hospital Dr. Ashok Rathod, Dr. Swapnil Keny Bandra Bhabha Hospital, Dr. Ashok Ghodke MGM Hospital Kamothe, Dr. Ganesh Yeotiwad Cooper Hospital.

In the evening Online CME was held on zoom with invited faculty from outside Mumbai Like Dr. Shivshankar, Dr. Aashay Kekatpure, Dr. Dipit Sahu, Dr. Nikita Shetty.

On 28th September Delegates went to Jupiter Hospital Thane.

In the morning Paediatric Trauma module was conducted by Dr. Taral Nagda where Paediatric fracture surgeries where discussed with Stepwise videos of fracture fixation in paediatric age groups.

Post-lunch was conducted by Dr. Ashish Phadnis and Dr. Sachin Kale on various topics of fracture fixation.

Case discussions and interactive discussions with delegates were also conducted.

Workshop on peri prosthetic fractures was conducted by Sorath Ortho Company.

29th September the last day of the course, morning surgeries were demonstrated at Cooper Hospital, DY Patil Hospital Navi Mumbai, Sion hospital Mumbai and MGM hospital Navi Mumbai.

In the afternoon CME was conducted at Tunga Hotel Vashi with lectures on various trauma topics and interactive case discussions.

On the same Day 2 workshops on supra patellar nailing by Meditronics Trauma and Proximal Tibial plating by Sorath Ortho were conducted with Hands-on saw bone models.

Most of the fracture topics were covered during the course

The course was wholeheartedly supported by our industry partners Meril Trauma/Sorath Ortho and Meditronics Trauma.

Course format got excellent support from our esteemed faculty from BOS.

My sincere thanks to co-conveners Dr. Sachin Kale and Dr. Prasad Chaudhari for their contribution.

**Dr. Sanjay Dhar** Sd/-

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### ADVANCE ARTHROSCOPY COURSE

Date:October 7 - 9, 2022Venue:TNMC & NAIR Ch Hospital, Mumbai



Convener :	Dr. Kumar Dussa
Co-Convener :	Dr. Prashant Gedam
Delegates :	21

The Advance Arthroscopy Course was conducted at T N Medical College and B Y L Nair Hospital, Mumbai on 7th, 8th & 9th October 2022. The Course was held after 4 years through Bombay Orthopedic Society, saw an enthusiastic response with 21 delegates registering from all over the country.

The three-day course had the Knee module on Day 1, Shoulder module on Day 2 and Cadaveric Hands-on training on Day 3. Arthroscopy Live surgeries were performed on Day 1 & Day 2 covering all aspects of Knee ligament reconstruction (Anterior Cruciate Ligament), Meniscus repair, Lateral tenodesis and meniscectomy, Bankart repair and Rotator cuff repair. Dr. Abhay Narvekar, Dr. Roshan Wade, Dr. Kumar Dussa, Dr. Prasad Bhagunde, Dr. Nagraj Shetty performing these surgeries had a live one-on-one interaction with the delegates at each and every step of surgery by way of audiovisual communications.

Eminent faculty in the field of arthroscopy covered the topics related to ligament reconstruction, Cartilage, Meniscal lesion management, SLAP lesions, Biceps lesions, Shoulder instability, Rotator cuff lesions their management by giving focused lectures.

The Lectures were followed by very interactive discussion session where the delegate's queries regarding the different techniques, use of advance implants in basic OT set-up, post-op protocols etc. were answered to their satisfaction. Case scenarios evolved enriching discussion.

4 Workshops Sessions were conducted focusing exclusively on A) Meniscus Repair B) Graft Preparation Technique C) Suture Management Instruments D) Knot Tying Session in which the delegates had a hands-on experience with the latest implants, instruments on dry models with the continuous faculty interaction. Different techniques of graft preparation and knot tying were discussed in great details.

On Day 3 Cadaveric Arthroscopy lab hands-on full-day session was the highlight of the course. We kept 12, imported arthroscopy workstations with 12 fresh frozen cadavers assigned for these stations. 12 dedicated faculties took care of these works stations thereby making a very effective ratio of one faculty to two delegates. Each of the delegates and faculty was given a complete safety protection kit from head to toe. The delegates worked with the imported implants on these cadavers with all the imported and Indian instruments. The faculty supervised and gave their expert tips and guidance at each and every step. All the delegates appreciated the course, course content and the busy packed academic schedule.

The course was granted 4 MMC accreditation credit hour points

I sincerely thank the Bombay Orthopaedic Society, for giving me the opportunity to conducting this course. I also thank Department of Orthopaedics for fully supporting for this course

Faculty: Dr. Abhay Narvekar, Dr. Roshan Wade, Dr. Kumar R Dussa, Dr. Nicholas Antao, Dr. Prashant Geddam, Dr. Nagaraj Shetty, Dr. Nikhil Iyer, Dr. Ashish Arbat, Dr. Yajuvendra Gawai, Dr. Prasad Bhagunde, Dr. Shailesh Mishra, Dr. Miten Sheth, Dr. Kaustubh Dhurve, Dr. Samiir Pilankar, Dr. Sanjay Singh, Dr. Abhishek Nerurkar, Dr. Pradeep Nemade, Dr. Adithya Sai, Dr. Parag Munshi, Dr. Rajesh Shiriskar, Dr. Arvind Arora, Dr. Manisha Joshi, Dr. Vipul Chemburkar

**Dr. Kumar R. Dussa** Sd/-

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### **BOS-BSS BASIC SPINE COURSE 2022**

Date	:	October 7 - 9, 2022
Venue	:	TNMC & NAIR Ch Hospital, Mumbai
Convener	:	Dr. Gautam Zaveri
Co-Conveners	:	Dr. Dhiraj Sonawane, Dr. Amit Sharma
Delegates	:	25

The Bombay Orthopaedic Society collaborated with the Bombay Spine Society to hold the Basic Spine Course 2022. The course was coupled with the annual meeting of the Bombay Spine Society (BSSCON). 25 delegates attended the course which was held over a period of 4 days.

The first day's program which was conducted in the orthopaedic seminar hall at the JJ Hospital, consisted of a day-long CME program that covered lumbar disc disorders, lumbar canal stenosis, lumbar spondylolisthesis, thoracolumbar and cervical spine trauma, osteoporotic vertebral fractures, spinal tuberculosis and cervical spondylosis. Each 1 hour session involved 40 minutes of interactive case-based panel discussion followed by a 10 minutes lecture on decision-making and a Q&A session.

The second day consisted of live spine surgeries that were performed at the KEM Hospital and streamed live to delegates seated at the St. Regis Hotel, Mumbai. Six spine surgeries were demonstrated, including anterior cervical decompression and fusion, transforaminal lumbar decompression and fusion (open and minimally invasive), transpedicular decompression, posterior C1-C2 stabilization, and deformity correction in scoliosis. Additionally, edited videos of posterior cervical decompression and instrumentation as well as anterior C1/C2 release and instrumentation were shown.

On the third day, delegates attended the annual conference of the Bombay Spine Society which was held at the St. Regis Hotel. The conference was a busy affair with spine faculty from Mumbai and the rest of India participating physically while faculty from across the globe participated live online. The program was conducted in two halls and the topics covered include spinal osteotomies, safe spine surgery, thoracolumbar fractures, osteoporosis, high-grade spondylolisthesis, early onset scoliosis, failed spine surgery, adult spine deformity, cervical myelopathy, multidrug-resistant tuberculosis, endoscopic spine surgery and congenital anomalies of the craniovertebral junction. Dr. Vishal Sarwahi, an alumnus of KEM Hospital and now based in New York delivered the BSS President`s invited lecture on "Neuromonitoring alerts: Sequence of events before and after", while BSS/BOS member Dr. Gautam Zaveri delivered the BSS Oration "Current trends in the Management of Metastatic Spine Tumors". Besides this, there were free papers sessions and lunch symposia which the delegates had an opportunity to attend.

A hands-on cadaver course was conducted at the anatomy dissection hall of JJ Hospital on the last day of the Basic Spine Course. Seven cadavers were available, so that the number of delegates per body was limited to 4, enabling the delegates to have maximum opportunity to perform procedures on the cadaver. Edited videos of lumbar discectomy, laminectomy, pedicle screw fixation, TLIF, thoracic pedicle screw insertion and transpedicular decompression and finally cervical laminectomy, laminofoaminotomy and lateral mass stabilization were shown to the delegates, all these procedures were then performed on the cadaver.

The feedback from the delegates was extremely laudatory. Not only were the delegates able to attend the proceedings of BSSCON but also interacted with spine faculty from all over India.

We would like to express sincere thanks to the executive of both BOS and BSS for agreeing to co-host the Basic



Spine Course. We would also like to extend heartfelt thanks to the Organizing team of BSSCON - Dr. Ketan Badani, Dr. Satyen Mehta, Dr. Sandeep Sonone and Dr. Nikhil Arbatti for their hardwork in seeing this through. A special thanks to Dr. Eknath Pawar, Head of Department of JJ Hospital and Dr. Mohan Desai, Head of Department of KEM Hospital for their wholehearted co-operation. A word of thanks to all members of the Bombay Spine Society for their unstinted support.

**Dr. Gautam Zaveri** Sd/-

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### ADVANCED PAEDIATRIC ORTHOPAEDIC COURSE

Date	:	November 3 - 5, 2022
Venue	:	SRCC Children's Hospital, BJ Wadia Hospital, Agashe Hospital
Convener	:	Dr. Mandar Agashe
Co-Convener	:	Dr. Avi Shah
Delegates	:	17

I would like to report with great pleasure about the successful completion of the BOS "Advanced Paediatric Orthopaedic Course, 2022 - (Paediatric and Adolescent Hip disorders)". This year, we could have one of the highest number of delegates, (17) from all parts of the country as well as three international delegates. We were in fact over-subscribed by 2 and had to refuse a number of subsequent queries for registration. This year, the theme of the advanced course was Paediatric and adolescent hip disorders and we could provide the delegates an in-depth curriculum to understand most of the aspects of this difficult sub-speciality. The delegates were ranging from just post MS to almost 30 years in clinical practice. We were able to show 8 complex operative case demonstrations over the course of 3 days as well as have various lecture series on Paediatric Hip osteotomies as well as other surgeries. A few of special features which were included in this course, were the use of 3D printed bone models of some of the cases demonstrated as well as other cases discussed, so as to have very high-quality threadbare discussion of the surgeries. The second unique feature was the Hip spica workshop in which the delegates could learn the nuances of paediatric hip spica application on doll models. We had 3 high quality webinars (one for each day) with very famous national and international faculty about important topics like Perthes disease, Dysplasia as well as SCFE. The high quality of audiovisual transmission of surgeries ensured that the delegates were glued to the seats till the end and could note each and every small detail of the surgical procedure demonstrated. All in all, all the delegates were extremely happy about the course and would like to come back again.

We were able to get 4 MMC credit points for the course and all details have been provided to Mr. Vaibhav from the vama office who will do the further procedure.

From the financial point of view, also, we could finish off all expenses within the allowable amount (70% of the collected amount) and thus could show a surplus of Rs. 54,451/- (approximately). **Dr. Mandar Agashe** Sd/-

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### **BOS SHOULDER COURSE**

Dates	:	November 4 – 5, 2022
Venue	:	Babasaheb Ambedkar Memorial Hospital, K. B. Bhabha Municipal Hospital
Convener	:	Dr. Dipit Sahu
Co-Conveners	:	Dr. Komal Gajbhiye, Dr. Nikhil Gokhale
Delegates	:	20

The course was organized in a physical format. It was inaugurated on the 4th of November in Babasaheb Ambedkar Memorial Hospital by Hon. President Dr. Rajesh Gandhi and Hon. Secretary Dr. Neeraj Bijlani and dignitaries of the Indian railways. We had one outstation faculty - Dr. Ashish Babhulkar and few Mumbai faculties - Dr. Pradip Nemade, Dr. Abhijit Kale, Dr. Samarjit Bansal, Dr. Vijay Singh, Dr. Arpit Dave, Dr. Darshil Shah, Dr. Yajuvendra Gawai, Dr. Komal Gajbhiye, Dr. Samir Pilankar, Dr. Chintan Desai and Dr. Abhishek Nerurkar, who delivered several excellent talks. There were 4 live surgeries that were streamed in the auditorium on the 4th November – 1 Proximal humerus fracture fixation, 2 Arthroscopic cuff repairs and 1 open Latarjet. On the 5th of November, we streamed 3 live surgeries: 1 Arthroscopic Bankart, 1 open cuff repair and 1 proximal humerus fracture fixation, followed by a panel discussion. The delegates called the course, an academic extravaganza and asked multiple questions and took home many learning points. Overall, the course was very well received, and the delegates who had come from all the country, appreciated and complimented the course.

**Dr. Dipit Sahu** Sd/-

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### FOOT AND ANKLE COURSE

Dates	:	November 19 - 20, 2022
Venue	:	Sir H. N. Reliance Foundation Hospital and Research Centre, Mumbai
Convener	:	Dr. Abhishek Kini
Co-Conveners	:	Dr. Mayank Vijayvargiya
Delegates	:	20

BOS Foot and Ankle Course held on19/20th Nov. 2022 with faculties Dr. Selene Parekh (USA), Dr. Vikas Agashe, Dr. Abhishek Kini, Dr. Pradeep Moonot.

BOS FA course was spread over two days with 3 modules per day.

First day had clinical examination, trauma module and Infection/Achilles tendon module. Second say had various topics of cold foot and ankle and sports medicine.

First day started with in-depth detailed live demonstration of foot and ankle examination done by Dr. Abhishek Kini. Followed by case-based discussion on difficult trauma case scenarios by Dr. Vikas Agashe. Post lunch there was a module on Achilles tendon disorders and a saw bone demo / workshop on Achilles tendon repair / Lateral



### ligament repair.

Second day, we were joined by Dr. Selene Parekh from USA. Along with Dr. Selene, Dr. Pradeep Moonot discussed various case-based scenarios for different stages of flat foot, different foot deformities like cavus, hallux valgus, splay foot. Followed by a module on sports medicine including ankle sprains, deltoid ligament injury, turf toe and syndesmotic instabilities.

We had 20 registered delegates for both the days and they had a healthy in-person discussion with the faculties over the course.

### **Dr. Abhishek Kini** Sd/-

# ORTHOPAEDIC ONCOLOGY COURSE

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Dates	:	January 16 - 23, 2023
Venue	:	Nanavati Max Superspecialty Hospital, Tata Memorial Hospita
Convener	:	Dr. Manish Agarwal
Co-Convener	:	Dr. Prakash Nayak
Delegates	:	4

4 Orthopaedic Surgeons (Dr. Rajiv Kapila from Kangra, Himachal Pradesh, Dr. James Kuris from Kalyan, Dr. Asgar Ali from Gurugram, Delhi and Dr. Taosef Syed from Aurangabad attended this course (there were two last minute drop outs).

The delegates assembled at Tata Memorial Hospital and observed surgeries with Dr. Prakash Nayak the entire day. They saw an intercalary resection of the femur osteosarcoma treated with cryotherapy, a proximal humerus resection for chondrosarcoma reconstructed with a nail cement spacer and implant removal for infected prosthesis with a spacer placement. On Tuesday, 17th Jan, they observed surgery with Dr. Manish Agarwal at Nanavati Max Superspeciality Hospital where they saw an intercalary humerus resection for Ewings sarcoma in an 8y old child followed by ECRT and fixation with custom made 3D printed locking plates. They then saw a wide excision of a locally recurrent thigh sarcoma. After surgeries, they had a one-to-one discussion on use of 3D printed jigs and implants and also were introduced to use of navigation in tumor surgery. They were able to physically handle the bone models and jigs used for the past cases and were able to understand their utility in those surgeries. They had a detailed discussion on extended curettage for benign tumors.

On Wednesday they attended the OPD and saw some new cases as well as follow-ups, some of which were very long-term follow-ups. They discussed these cases and understood the workup, preoperative planning and rehabilitation protocols for these reconstructions. They then attended the Pathology-radiology meeting where they saw how each case was discussed within a multidisciplinary group before a final diagnosis was reached. On Thursday, the delegates observed in the OPD at Tata Memorial Hospital. On Friday, some delegates watched an intercalary resection of femur at Tata memorial and others watched a soft tissue sarcoma resection thigh with vascular reconstruction and a muscle flap. There was a course dinner at the NSCI on Friday evening. Delegates watched surgery on Saturday morning at Tata Memorial. They then returned to their hometowns.

34

Dr. Manish Agarwal

Sd/-



# FORTHCOMING CME'S & COURSES

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### ADVANCED ARTHROPLASTY COURSE

Dates	:	February 10 - 12, 2023	
Venue	:	LTM Medical College and General Hospital, Sion, Mumbai	
Convener	:	Dr. Ashit Shah	
Co-Convener	:	Dr. Abhijit Kale	
Delegates	:	15	

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### **BASIC ARTHROPLASTY COURSE**

Dates	:	March 10 - 12, 2023
Venue	:	LTM Medical College and General Hospital, Sion, Mumbai
Convener	:	Dr. Abhijit Kale
Co-Conveners	:	Dr. Anoop Dhamangaonkar, Dr. Kapil Pawar
Delegates	:	30

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### **TECHNOLOGY SKILLS COURSE**

Dates	:	March 12, 2023
Venue	:	Sir H. N. Reliance Foundation Hospital
Convener	:	Dr. Neeraj Bijlani
<b>Co-Conveners</b>	:	Dr. Kshitij Chaudhary, Dr. Ashok Shyam
Delegates	:	20

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### BOS JCT MEMORIAL PG TEACHING COURSE

Convener : Dr. Binoti Sheth



Co-convener : Dr. Rujuta Mehta

Mentor : Dr. A. R. Karkhanis

Dr. J. C. Taraporvala PG teaching activity of BOS was successfully conducted under the mentorship of Dr. A. R. Karkhanis and guidance of HOD., Dr. A. B. Goregaonkar.

The teaching activity was conducted at Lokmanya Tilak Municipal Medical College and General Hospital, Sion, Mumbai in Physiology lecture hall with the capacity of 200, with all audiovisual facilities.

Total 4 sessions were held in the months of August, October, November and January and 2 more sessions are planned in February and March. Cases of different specialities were chosen for each meeting and expert faculties were invited as per the cases.

28th August 2022: 9 am to 1 pm Long cases of Hip and short pediatric cases Faculty: Dr. Rujuta Mehta, Dr. Tushar Agarwal, Dr. Kapil Pawar, Dr. A. R. Karkhanis, Dr. Binoti Sheth

16th October 2022: 9 am to 1 pm Short cases of shoulder and knee Faculty: Dr. Shakir Kapadia, Dr. Vidyanad Raut, Dr. Prasad Bhagunde, Dr. A. R. Karkhanis, Dr. Binoti Sheth

27th November 2022: 9 am to 1 pm Long cases of spine Faculty: Dr. Ashok Rathod, Dr. A. R. Karkhanis, Dr. Binoti Sheth

29th January 2023: 9 am to 1 pm Short cases of pediatric Orthopaedics Faculty: Dr. Rujuta Mehta, Dr. Tushar Agarwal, Dr. Swapnil Keny, Dr. A. R. Karkhanis

Proposed dates for next meetings

19th February 2023

### 26th March 2023

On all the 4 days, around 85-90 post-graduate MS and DNB students of various hospitals across Mumbai and Pune attended the meetings. The students appreciated this PG teaching activity of BOS and were benefited by the opportunity to present the cases, demonstrate various clinical tests and discuss the investigation and management options with the subject expert faculty members. Overall there was a positive feedback from the students.

### EDITOR'S REPORT: JOURNAL OF CLINICAL ORTHOPAEDICS

Dear BOS Members,

The year 2022 was an amazing year for the Journal of Clinical Orthopaedics. We had two full issues that were printed in consecutive WIROCs'. Both the issues were special issues with the Spine and Pediatric Symposium respectively. There were more review articles, editorials, original articles, and case reports in both issues making them wholesome and collectible issues. The Journal received great support from the members of the Bombay

# **ACTIVITIES: 2022-23**



Orthopaedic Society, both in terms of receiving articles and reviewing submissions.

In coming years, the editorial team is committed to bringing more interesting issues of JCOrth and we request BOS members to continue their support to the Journal.

**Dr. Nicholas Antao** Chief Editor Dr. Ashok Shyam Executive Editor

## ATTENDANCE RECORD OF EXECUTIVE COUNCIL MEMBERS

Name	Designation	Total
Dr. Rajesh Gandhi	President	4
Dr. Sangeet Gawhale	Imm. Past President	2
Dr. Sanjay Dhar	President Elect	4
Dr. Satish Mutha	Vice President	2
Dr. Neeraj Bijlani	Secretary	4
Dr. Harshad Argekar	Treasurer	4
Dr. Abhijit Kale	Executive Council Member	3
Dr. Ashish Phadnis	Executive Council Member	3
Dr. Pradip Nemade	Executive Council Member	4
Dr. Sandeep Biraris	Executive Council Member	4
Dr. Dhiraj Sonawane	Executive Council Member	3
Dr. Anoop Dhamangaonkar	Executive Council Member	3



## THE ANNUAL GENERAL BODY MEETING OF THE BOMBAY ORTHOPAEDIC SOCIETY (BOS) WAS HELD ON SUNDAY, THE 27TH FEBRUARY 2022, AT 3RD FLOOR LTMMC, SION, MUMBAI, AT 09:00 AM. DUE TO LACK OF QUORUM THE MEETING WAS ADJOURNED AND RE-STARTED AT 9:30 AM.

The meeting was chaired by honourable BOS President, Prof. Dr. Sangeet Gawhale. The honorary Secretary of BOS, Dr. Swapnil M. Keny was also on the dais with permission of the chair. The meeting was called to order by Hon. President, Dr. Sangeet Gawhale.

#### Apologies and leaves of absence

Dr. Swapnil M. Keny informed the house that Dr. M. M. Desai and Dr. A. R. Karkhanis had requested for a leave of absence.

#### Agenda 1: Condolences

The Hon. BOS Secretary, Dr. Swapnil M. Keny, informed the house about our BOS Life Members who had passed away in the academic year whose information had been received by the BOS office.

Dr. P. H. Vora: Dr. Ram Prabhoo expressed his condolences. Dr. Prabhoo said that he shared a special bond with Dr. P. H. Vora and they used to interact a lot. Dr. Vora was the President of the Arthroscopy Society of India for two years and his son is settled in USA and he interacts with Dr. Prabhoo at times. Dr. Prabhoo said that Dr. Vora was interested in astrology. Dr. Vora was a good teacher and excellent surgeon and his student Dr. Anant Joshi took up arthroscopy because he worked under him. Dr Rajesh Gandhi expressed his condolences and said that he had known Dr. P. H. Vora since his student life. He worked with in JJ Hospital and they used to discuss cases and Dr. Vora used to guide him in case discussions. Dr. Rujuta Mehta expressed her condolences and said that Dr. P. H. Vora was one of the stalwarts in paediatric orthopaedic as well and he was from the generation of versatile surgeons. He was unit head at Children Orthopaedic Hospital and he has done extensive work in posteromedial release. He worked alongside with Dr. Dholakia to get the SICOT International meeting to India. Dr. Roshan Wade expressed his condolences and said that Dr. P. H. Vora was the founder member of Indian Arthroscopy Society and he was inspired the way IAS was formed. Dr. Vora was so humble and down to earth and when he formulated new constitution of IAS, Dr. Vora helped him with drafting the constitution word by word. Dr. Sangeet Gawhale expressed his condolences and said that he was fortunate to work as a lecturer in his unit. He said that Dr. P. H. Vora used to operate for long hours as he used to work with the eyepiece for the arthroscopy long before the modern day arthroscopes were invented. Even with lack of modern day instruments Dr. Vora did a great work. He said that he was pleased to work under Dr. Vora when he was the President of BOS. Dr. Vora was fond of surgeries for Polio, CP and also plastering techniques. He was very meticulous and punctual as a surgeon. He was very humble, nice and professional. He said that Dr. Vora left very fond memories and his son was also postgraduate student from GMC & JJ Hospital.

**Dr. Ravindra Khedekar:** Dr. Vikas Agashe expressed his condolences and said that he knew Dr. Ravindra Khedekar since UG days. He was a gentle soul and after he retired from LTMMC, he joined DY Patil Hospital for his love of teaching. Dr. Sanjay Dhar expressed his condolences and said that he was pleased to work with him in DY Patil Hospital when he was HOD. He said Dr. Khedekar retired very recently and till his retirement he used to work a lot. He was an excellent person and very pure at heart. Though he was a strict disciplinarian he used to always support his colleagues. Dr. Dhar said that Dr. Khedekar left us very early. Dr. Neeraj Bijlani said that he knew Dr. Khedekar since the first day of his practice at Diamond Nursing home. He got to use the C arm and locking plate for the first time under him. He said even in Covid, Dr. Khedekar used to work a lot. Dr. Sandeep Biraris said that he knew Dr. Khedekar since his UG days when Dr. Khedekar was the head of department at

Terana Medical College and Hospital for a short period of time. He said that he was Dr. Khedekar's patient and Dr. Khedekar operated upon him in his MBBS days and that's why he got inspired to choose Orthopaedics as a career. Dr. Biraris said that Dr. Khedekar's passing is a great loss to the society and humanity.

**Dr. Narendra Kumar Wagh:** Honourable President Dr. Sangeet Gawhale expressed condolences on the behalf of society.

**Dr. S. K. Bulchandani:** Dr. A. J. Thakur expressed his condolences and said that he worked with Dr. Bulchandani in Bombay Orthopaedic Society when he was the EC member and used to frequently meet him during this period. He remembers him as being very cooperative, gentle and a having a pleasant personality. Dr. Thakur added that Dr. Bulchandani had a very good academic acumen. They work together during the silver jubilee of IOA and recently he met him in 2017 and he expressed that it was very nice meeting and he really misses Dr. Bulchandani.

**Dr. Smarajit Patnaik:** Dr. S. S. Mohanty expressed his condolences and said that Dr. Patnaik was three years junior to him at Cuttack Medical College and he did his DNB from Apollo Chennai and joined there as a consultant later. He was an excellent surgeon in arthroplasty. He was faculty in AO courses and attended many the courses and conferences. He was very articulate, academic and excellent person. Even during terminal illness, he worked for Indian Arthroplasty Association Mumbai Conference.

**Dr. Subhash Shalya:** Dr. Ram Prabhoo expressed his condolences and said that he knew Dr. Shalya since 20 years. Dr. Shalya took sabbatical of one year from his busy practice and he visited Mumbai to work with all senior members of the society at that time. He was with Dr. Ram Prabhoo for one month and he learnt different aspects of orthopaedics. Dr. Prabhoo said that he admires Dr. Shalya for the sacrifice of one year of his practice. He added that Dr. Shalya was very hard-working and used to study at night and ask questions next day when he was in Mumbai one year. Dr. Prabhoo said that Dr. Shalya kept in touch with him even after returning to Agra and he used to always wear white safari. Dr. Prabhoo said that he misses Dr. Shalya a lot.

Hon. President Dr. Sangeet Gawhale said that all late members had contributed a lot for society and he asked us all the members to keep two minute silence as a mark of respect for the departed souls and that the BOS Office shall send letters of condolences to the family of the departed members.

Proposed by Dr. Vikas Agashe. Seconded by Dr. A. J. Thakur

At this point there was a power failure and the meeting was shifted to another hall on the same floor. Upon resumption, Chief Election Officer Dr. S. S. Mohanty announced the commencement of the election process. He introduced about all the candidates who are contesting for various posts.

For President-Elect: Dr. Sanjay Dhar, Dr. Shyamlal Mukhi and Dr. Niranjan Rathod.

For the Vice-President post: Only one Valid application from Dr. Satish Mutha.

For the Hon. Secretary post: Only one Valid application from Dr. Neeraj Bijlani.

For Executive Council Members there were application from following candidates: Dr. Anoop Dhamangaonkar, Dr. Parag Lad, Dr. Tanay Prabhoo, Dr. Chasanal Rathod, Dr. Nadir Shah and Dr. Dheeraj Sonawane.

As there was only single application for Hon. Vice President and Hon. secretary post, no election would be (were) conducted for these two posts. So, elections were conducted only for the post of President Elect and two posts of Executive Council Members. Dr. Mohanty explained in detail about the electronic election process. Because of power failure election was delayed for 25 minutes so the election process started at 10:55 AM.



## 2. To confirm and pass the minutes of AGM held on 19 of March 2021

The minutes were passed without any changes.

Proposed by Dr. Vikas Agashe and Seconded by Dr. Ashish Phadnis

#### 3. President's Address: Dr. Sangeet Gawhale

#### Dr. Gawhale in his address spoke

Let me wish you all a "Happy and Prosperous New Year" & hope this year pandemic comes to an end! I thank all the members of Bombay Orthopaedic Society for giving me the opportunity to serve as a President of prestigious Society, and I hope I have lived up to your expectations. This year, our theme was "ADAPT & EVOLVE". We were expecting to have physical meetings & courses, but unfortunately pandemic continued and restrictions did not allow us to meet each other. All the academic events continued as planned. Out of the six CLINICAL MEETINGS we could have only two physical meetings and the rest were virtual due to restrictions. The MASTER SHARES & MASTER CARES SERIES was also conducted on a virtual platform under the able leadership of the Vice President Dr. Rujuta Mehta. Some of the INSTRUCTIONAL COURSES were restructured as they were held on a virtual platform, most were oversubscribed and applauded by all the delegates. We had a record number of attendees. The attendance of the virtual meetings was much more than the physical one and we got excellent feedback. All the BOS activities now have MMC credit points. I appreciate the hard work put in by the Course Convenors. Based on our theme "Adapt and Evolve", we had monthly webinar on nonorthopaedic topics on last Sunday of every month. Dr. J. C. Taraporvala "POSTGRADUATE TEACHING COURSE (2021 - 2022)" was conducted in Sion Hospital. We also had "OUT REACH" program for members from periphery. On January 14, 2022 we have started celebrating the BOS Foundation Day from the current year and it will be celebrated every year on the same day as decided in the last AGM. Two newsletters "CADENCE" would be published in 2021-22. I thank our members who willingly participated in the "BONE & JOINT DAY" celebrations on 4th August, 2021 in response to an appeal from the IOA President. This year our annual meeting "WIROC" could not be held in December due to the parallel event of IOACON 21, hence it is postponed to 24th to 27th March 2022 and will be held as global event with collaboration from many International Societies. Our Secretaries, Dr. Vishal Kundnani and Dr. Ashok Shyam are working hard to make this event a great success. Lastly, I thank each and every Executive Council Member for their commitment and efforts along with the Webmasters who have worked hard throughout the year in one or the other events. I pledge my undying support to our Society and wish you all a wonderful year ahead.

#### 4. Presentation of the Hon. Secretary's report: Dr. Swapnil M. Keny

Resilience, Resurgence and Resurrection are the words in which an Indian in general and a Mumbaikar in particular would sum up the year gone by. The Bombay Orthopaedic Society transited through a similar period of Resilience in conducting the 1st orthopaedic physical mega conference, 'WIROC Unlocked' last year, followed by resurgence of the delta variant of COVID 19, where we had to resist the urge for physical meetings, get back to a virtual platform followed by a period of resurrection where we started to build our academic goals and paths in the midst of mayhem. These times also saw a change of leadership in the BOS with Dr. Sangeet Gawhale taking over the mantle of the BOS President in the most challenging circumstances. A meticulous man who believed in the 'attention to detail', principle, he chalked out an academic path for the BOS with an apt theme 'Adapt & Evolve'. The theme proved to be the guiding principle for the BOS calendar of events. With online meetings becoming the norm rather than the exception, the flagship events of the BOS, i.e. the Clinical Meetings and the Master Shares Program were planned as online events. The Master Series session, based on the theme of 'Practice Changing Ideas in Orthopaedic Subspecialties' were a game changer and were very well attended. Similarly, each clinical meeting convener, methodically planned out the cases presented in

the meetings, in a way that each case would convey a learning point to members. The first three clinical meetings were conducted online, by Jupiter Hospital, Lilavati Hospital and LTMG (Sion) Hospital respectively while the next two clinical meetings were conducted in a physical format at the KEM Hospital and the BYL Nair Hospital. The Final clinical meeting would be conducted virtually by the Department of Orthopaedics at the Bombay Hospital. It is a matter of immense pride for the BOS that 11 out of these 12 flagship meetings were accredited by the Maharashtra Medical Council, providing an opportunity for members and orthopaedic surgeons to gain valuable credit points without any registration charges or fees before the year of registration renewal. I express my gratitude to all the conveners of the flagship meetings and the office of the BOS including our web team for this herculean effort, replicated by very few orthopaedic associations in the country. A similar trend was seen in the Instructional Courses of the BOS where in, young conveners dedicated their heart, soul and spirit to the success of their respective courses. The BOS is privileged to be the only academic body, where in, all its instructional courses were fully subscribed and at times oversubscribed, even during times of adversity. The innovation and leadership initiatives displayed by the course conveners of the BOS is nothing short of exemplary. Here, I would like to make a special mention of two course conveners, Dr. Ashish Phadnis and Dr. Satish Mutha who took up the challenge of conducting courses which were allotted to another convener, who was not in a position to conduct online courses. The history of the BOS is embedded with such stories of leadership and courage which serve as the perfect catalyst for the next generation of orthopaedic surgeons to emulate and get inspired. The year also saw the resurgence of the BOS Connect Program with the Navi Mumbai Orthopaedic Association being the invited society to host a clinical meeting on the occasion of IOA Bone & Joint Week. The Maharashtra Orthopaedic Association and the Bombay Orthopaedic Society, reiterated their camaraderie by supporting this event jointly. This was the 12th MMC Accredited program of the BOS which offered complimentary registration to members and orthopaedic surgeons. 10 The BOS President, Dr. Sangeet Gawhale was keen to have a non-academic flavor to the conventional academics of the BOS. Hence, the Adapt & Evolve webinars based on non-academic themes were held on the last Sunday of every month. These webinars covered an array of eclectic topics which were relevant to orthopaedic surgeons, including discussions on personal finance, data storage, spirituality and medico-legal aspects related to orthopaedics. These webinars were highly appreciated by the members of BOS. The BOS set its tempo and sailed unchartered territories this year by being one of the first regional orthopaedic association to start a fully digitized online membership portal. Despite certain teething issues, the initiative was a great success, especially due to the option of providing 'provisional members' to surgeons aspiring to be its members as provisional membership guaranteed a rebate in registration charges for instructional courses. The BOS EC, also took an initiative to standardize registration charges for its courses so that the courses would remain affordable to the members and trainees and at the same time be financially viable to the BOS. The BOS Treasurer Dr. Harshad Argekar, skilfully and diligently managed the financial affairs of the BOS in the academic year and I express my deepest gratitude to him. The BOS Day proved to be a Jewel in the crown of this August Association where in along with a celebrity endorsement, founding members of the BOS like Padmabhushan Prof. N. S. Laud participated enthusiastically, making the event a great success. The BOS Vice President Dr. Rujuta Mehta did a commendable job in planning and executing this event to poetic perfection for which I remain indebted to her and the team comprising of Dr. Ashish Phadnis and Dr. Abhijit Kale. At the end of the academic year and my term as the Hon. BOS Secretary, the BOS shall host 'WIROC Global' an event which promises to surpass the conferences of yesteryears. I thank the two dynamic young secretaries, Dr. Vishal Kundnani and Dr. Ashok Shyam for their effort and toil in planning the event and wish them the best of luck. I have been very fortunate in my term as the Hon. BOS Secretary largely due to the support of two strong and senior academicians as BOS Presidents, Dr. Shubhranshu Mohanty and Dr. Sangeet Gawhale. The members of the Executive Council have also been my pillars of support during this tenure. The Webmasters, Dr. Kshitij Chaudhary and Dr. Agnivesh Tikoo have responded phenomenally to the pressures of conducting online events despite their busy schedules and the editors of the BOS Newsletter, particularly, Dr. Arjun Dhawale remained a silent yet stoic support system to us. The BOS



Journal with a reconstituted editorial board is achieving new milestones and the BOS has gained more strength and resilience, despite the odds. The non-orthopaedic team of Mr. Vaibhav Pisal and Mr. Rajesh Menon have been the unsung 12th men who have held the back end of our office like the anchor in a tug of war match. Mr. Vikram Patwardhan and Vama Events have been the most efficient managers and have risen to the occasion each time. The word 'unprecedented' is a common folklore in today's times. Yet, when I think back and ponder over the last 2 years, there were no yardsticks, no guidelines and no precedents to continue the academic work of the BOS when the pandemic set in. It is only due to the unwavering and unflinching support of the member of the BOS, that our society has seen a 'Renaissance Period' during times of retribution by Mother Nature. I wish the incoming Executive Council Members the best of success and may we, the BOS move from strength to strength.

### 5. Presentation of the Hon. Treasurer's report and audited statement of accounts for the year 2021-22.

Dr. Harshad Argekar presented the honorary treasurer report. He said that first time we have a sponsorship for our clinical meetings amount of two lakhs from Sun pharmaceuticals. The GST issue with Alembic of 4,50,000 (four lakh Fifty thousand) has been sorted out amicably with help of Dr. Rajiv Shah and there are pending amount of Rs 5,40,000 (five lakh forty thousand) has been cleared. Income Tax refund of 7.8 lakhs has been obtained. There is a better communication with the auditor, and I recommend we continue with the same agency for this year also.

BOS fixed deposit has increased by 25 lakhs in last two years. Due to efforts made by the EC the gap between income and expense in BOS has reduced. We are still dependent on WIROC to fulfil this gap.

Dr. Argekar suggested to increase the income that we can increase the course fee of the various teaching courses we organise. This can be done by splitting the fees as, course charges & and other expenses like cadaveric lab, saw bones workshops etc.

We could also monetise BOS memorabilia by sale of BOS published books, neckties, scarfs buttons etc during WIROC.

Dr. Rujuta Mehta mentioned that, our BOS YouTube Channel has got very good views. Our many virtual programs are popular. Those programs can be promoted as pay per view. So that we can generate revenue out of this.

The Accounts were passed.

Proposed by: Dr. V. T. Ingalhalikar. Seconded by: Dr. A. J. Thakur

#### 6. Appointment of the accountants and the auditors for the year 2022-23

Dr. Argekar proposed that we should continue Gabhawala & Co as accountants and auditors and that there was some problem in communication in the past which has been sorted out.

Proposed by Dr. Harshad Argekar and seconded by Dr. A. J. Thakur

#### 7A. To approve the Institutes to host Clinical Meetings for 2022-23

The list of hospitals and institutions which were awarded a clinical meetings based on the applications received by the BOS Office before the stipulated date

- 1. KB Bhabha Hospital: June 2022
- 2. LTMMC Hospital: August 2022
- 3. Saifee Hospital: October 2022

- 4. BJ Wadia Hospital: December 2022
- 5. Sir JJ Hospital: February 2023
- 6. BYL Nair Hospital: April 2023

Proposed by Dr. V. T. Ingalhalikar and seconded by Dr. Ashish Phadnis

### 7B. Declare Best Clinical Meeting Award

The best clinical meeting was awarded to KEM Hospital Department of Orthopaedics. Honourable President Dr. Sangeet Gawhale and Honourable Secretary Dr. Swapnil M. Keny handed over the rotating trophy and a memento to Dr. Pradip Nemade and Dr. Roshan Wade who received it as representatives of KEM Hospital Orthopaedic Department.

### 8. To confirm the conveners for various BOS Instructional Courses for the year 2022-23

Dr. Swapnil Keny said that last year we had only basic courses. This year as per the previous GBM we will be having advanced courses this year. (as decided to have basic & advance courses alternate years). He read out the course wise received applications which are as follows:

- 1. JESS Course: Dr. Rajesh Gandhi
- 2. Basic Paediatric Orthopedic Course: Dr. Swapnil Keny
- 3. Advanced Paediatric Orthopedic Course: Dr. Mandar Agashe
- 4. Shoulder Course: Dr. Dipit Sahu
- 5. Hand Course: Dr. Bipin Ghanghurde
- 6. Electronic Skills Course: Dr. Neeraj Bijlani

There were no applications for the remaining courses.

Dr. Rujuta Mehta pointed out that there was one more application for Basic Paediatric Orthopaedic Course by Dr. Avi Shah and she herself had submitted the form at VAMA Events office in person to which Dr. Swapnil Keny replied that he hadn't received the application till the day of GBM. As Dr. Avi Shah was not there in the GBM hall (probably he was in the waiting queue for voting) Dr. Sangeet Gawhale said that we will discuss the issue when Dr. Avi Shah is in the GBM.

Dr. Rujuta Mehta said that course list was not shared or discussed in EC Meeting.

Dr. Roshan Wade suggested that we should ask VAMA Events whether the application is received or not. Lateron, on enquiry it was found that the application was submitted to VAMA Events but VAMA Events failed to forward the said application to Hon. Secretary thus causing the conflict. Hence it was decided that the said application by Dr. Avi Shah would be considered for decision in GBM provided he had fulfilled the required criteria. However, since Dr. Avi Shah was not present in the hall it was decided that the agenda is to be temporarily postponed and discussed later when Dr. Avi Shah returns back from voting process. Proposed by Dr. Neeraj Bijlani and seconded by Dr. Rajesh Gandhi.

When Dr. Avi Shah returned from the voting process, the said agenda was resumed. Dr. Rujuta Mehta said that Dr. Swapnil Keny is a senior member and now the baton should be passed on to the junior member to which Dr. Roshan wade said that it is a GBM who will decide who is the suitable convenor rather than it is being junior or senior. Dr. Swapnil Keny said that he has applied the course only for once and it has happened in the past that many senior members have conducted the course for consecutive three years, hence it would be best that the AGM decides the matter. Dr. Deepak Govekar and other members said that they weren't aware as to who Dr. Avi Shah was and wanted to know more about him. Dr. Sangeet Gawhale asked Dr. Avi Shah as to whether he



has been a Co-Convener for previous courses as Dr. Gawhale didn't remember Dr. Avi Shah being a Co-Convener to which Dr. Avi Shah said that he has been a Co-convener before. Dr. Swapnil M. Keny said that Dr. Avi Shah was a part of the Mumbai Pediatric Orthopaedic Circle and had been a faculty at pediatric orthopaedic meetings. Dr. Mandar Agashe said that were the applications evaluated by judges, to which Dr. Swapnil M. Keny said that since that he had not been given Dr. Avi Shah's application, there was no question of evaluating it.

Dr. Alaric Aroojis reiterated what Dr. Rujuta Mehta said to which Dr. Swapnil Keny agreed to withdraw the application.

Dr. Roshan Wade said that no members should pressurise Dr. Swapnil Keny to withdraw the application and general body would rather like to listen what Dr. Avi Shah has to offer in the paediatric orthopaedic course because like him many don't know about Dr. Avi Shah in details. Dr. Govekar said that he would support what Dr. Roshan Wade said. Dr. Sangeet Gawhale said that Dr. Shah should work together with Dr. Swapnil Keny and he can take Dr. Keny as co-convener to conduct the course, to which Dr. Rujuta Mehta again objected saying that it is the right of the convener to choose the co-convener. Dr. Ram Chaddha said that let us not put a rift in between the paediatric group and let both of them work together. So it was decided that that Dr. Avi Shah and Dr. Swapnil Keny would do the course as Convenor and co-convener respectively.

Proposed by Dr. Sangeet Gawhale and supported by Dr. Ashish Phadnis.

On the matter of members not being present in the AGBM because of being present in the voting queue, Dr. Roshan wade commented that it is shameful that members are not able to participate in AGBM because of voting queues simultaneously. He said that society's growth is because of members direct participation and he suggested that AGBM can be conducted during annual WIROC conference where majority of the members can attend the AGBM in person and election can be taken as a separate process to which Dr. NS Laud commented that why shouldn't the voting be online considering the technological advancements in todays era. Honourable President reminded that it amounts to constitutional amendment.

Dr. Vikas Agashe suggested that when an applicant applies for the instructional course we should acknowledge his application by sending him a mail. Dr. Harshad Argekar raised the query about the shoulder course and asked where is Dr. Dipit Sahu going to conduct the Shoulder Course to which Hon. Secretary replied that it will be conducted at KB Bhabha Hospital and Dr Babasaheb Ambedkar Hospital.

Hon. President Dr. Sangeet Gawhale invited application from the house for the remaining courses for which there were no prior application.

There was no application from the house for Basic Fracture Fixation Course or Advance Trauma Course.

For Basic Spine Course, Dr. VT Ingalhalikar expressed the interest, and it was allotted to him. Advance Spine course was allotted to Dr. Gautam Zaveri. Dr. Abhishek Nerurkar expressed the desire to conduct Basic Arthroscopy Course, to which Dr. Harshad Argekar commented that Dr. Nerurkar has never been convenor or a co-convener for any other course so it was decided that EC will decide about the Basic Arthroscopy Course and all other remaining courses.

Hon. President Dr. Sangeet Gawhale mentioned it has been observed that many appointed course convenors are taking the decisions unilaterally and they do not follow the general guidelines and he has received some complaints from the national faculties. He also said that there should be strict rules for the course convenors and all course convenors should adhere to those rules.

He also said that only BOS members should be invited (preferred) as faculties for the courses and academic events. Dr. Gautam Zaveri said that, EC should come down strictly on the convenors who are not following the rules. All the conveners (course convenors) must adhere to the guidelines.

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To this, Dr. Sangeet Gawhale said that, it has been done already but what should be done for the convenors

who are self-glorifying themselves and not following the uniform rules & using this platform for self promotion.

To which, Dr. Ram Chaddha asked how can we prevent all these things and what actions can be taken? He suggested that allow Vice President to implement the academic rules and regulations. Nothing can be done for the things which have already happened but if it happens in future then the person should be debarred from the course convenorship in future which Dr. Sangeet Gawhale said if the house agrees then we can put up these rules.

Dr. Rajesh Gandhi asked can we cancel the course if the convenor does not submit the program at least two weeks before the course commencement? Dr. Vikas Agashe said that if course convenor does not follow the order then he should be reprimanded. By cancelling the course we are doing injustice to the delegates who have applied for that course.

Dr. Mandar Agashe said that all the convenors should be given time up to 3 weeks for the submission of their expenses.

Dr. V. T. Ingalhalikar said that we must set up some mechanism to check the courses.

Proposed by Dr. Sandip Sonone and supported by Dr. Ram Chaddha.

# 9. WIROC Unlocked - Organising Secretary's Final report & Accounts: Dr. Mandar Agashe, Dr. Satish Mutha

Dr. Mandar Agashe and Dr. Satish Mutha presented a report about annual conference WIROC Unlocked that was conducted in March 2021. They cited the difficulties that they faced during the Covid pandemic and how they have kept all the plans ready just in case that one plan fails. They said that it was the major conference in physical format in Covid pandemic and they have constructed the event in a hybrid format and it was 1st event to work collaboratively. They added that all the Covid protocols were followed and there were 450 registration, rather they had to refuse registration because of the Covid protocols.

There were more than 50 trade partners and all social distancing norms are followed. The event included the collaboration of eight institutes and the unique feature of the event was presence of Mr Ratan Tata for the inaugural ceremony. The financial lecture by Dr. Nitin Bhagali was a big hit and inspirational talk by Mr. Chetan Bhagat was also good. There was no Covid-19 mishap following the event. Dr. Mandar Agashe and Dr. Satish Mutha thanked Dr. S. S. Mohanty, Hon BOS President at a time and the entire Executive Council, the Scientific Committee, Mr. Rajesh Menon and Mrs. Amrita, the trade partners, audiovisual Mr. Peter Anand, Vama Events team and finally all the delegates attending the event. The total profit from the event was 19 lakhs.

Proposed by Dr. Roshan Wade and seconded by Dr. Neeraj Bijlani

#### 10. WIROC GLOBAL - Interim Report: Dr. Vishal Kundnani & Dr. Ashok Shyam

Dr. Vishal Kundanani and Dr. Ashok Shyam presented the tentative program of WIROC global from 24 to 27 March 2022. They welcomed all members of the BOS for this event and mentioned about the global outreach program with national and international level participation during this event and the tag line "academic reinvented reassured and redefined" was highlighted as a special feature of the event.

Proposed by Dr. N. S. Laud and Seconded by Dr. Neeraj Bijlani

## 11. To Ratify the Organizing Secretaries for WIROC 2022-23

Dr. Rajesh Gandhi announced the organising secretaries of WIROC 2022-23 as Dr. Ashish Phadnis and Dr. Abhijit Kale.

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Proposed by Dr. V. T. Ingalhalikar, seconded by Dr. Chasanal Rathod.



### 12. Proposal to host WIROC 2022 outside Mumbai at Amby Valley

Dr. Ashish Phadnis made the presentation about possibility of conducting WIROC 2022 outside Mumbai at Amby Valley as one off event as we are coming out of Pandemic and we are going to have two WIROC's in same year.

Dr. Satish Mutha asked about the cost escalation to which Dr. Rajesh Gandhi replied that only 10% cost escalation will be there from the present slab of residential package in WIROC Global.

Dr. Rujuta Mehta said that it is prerogative of Dr. Rajesh Gandhi as President of the organization to host the Conference at venue of his choice and hence we should support him.

Dr. Vikas Agashe said that WIROC's main purpose is to address the academic needs of a large population of surgeons in the Mumbai and it's a good training ground for everyone. In Amby Valley, it will restrict the number of delegates; that the non-residential delegates will find it difficult to communicate to commute daily and for the residential delegates the expenditure will be more. Many practitioners in Mumbai like to keep continue their practice during the conference and it will be very difficult for them to continue doing so at personal level. He said that out of Mumbai it is not a good venue for WIROC.

Dr. Roshan Wade said what is Plan B in case this plan of Amby Vally does not succeed, as it had failed in the past, to which Dr. Ashish Phadnis replied that plan B is ready. Dr. Tushar Jimulia said that WIROC is a Western Indian Regional Orthopaedic Conference and we all can enjoy at new venue and come back and we must try out a new venue.

Dr. Sandeep Sonone said that Dr. Agashe's remark of difficulty to travel outside Mumbai is valid. But, as a solution to that, we can conduct the conference in hybrid manner so that those who cannot travel for attending the physical conference can attend it online. Dr. Vishal Kundanani said that during the pandemic we are saturated and everybody is asking the question what next why should not we go out of Mumbai and explore the new venues.

Dr. Ashit Rao mentioned the history that in the past, there were no other societies or associations and that's why BOS meetings were conducted outside Mumbai. However currently, each district and state has their own societies and associations. So the purpose of WIROC is to cater to the academic needs of Mumbai. As far as question of enjoying is considered a picnic can be organised to address the need of rather than holding an academic conference. Dr. Rajesh Gandhi replied by assuring that academics will not be diluted by holding a conference at Amby Valley.

Dr. Anand Thakur said that past AGBMs had decided to hold WIROC in Mumbai only as a signature event of Bombay Orthopaedic Society. He expressed the question of what is the need of holding the conference outside Mumbai and by holding the conference in Amby Valley we are forcing some people not to come for the conference. Dr. Prakash Samant said that on weekends, there is a lot of traffic at Amby Valley as the connecting road from Lonavla is very narrow. On Friday and Saturday, there is a massive traffic jam. As far as accommodation is considered at five-star sister hotels there are lots of people staying on the weekend and we may find it difficult to get rooms. He suggested that it should be kept on working days rather than on weekends to avoid the problem of traffic and accommodations.

Dr. Satish Mutha asked the about the capacity of Amby Valley on weekends to which Dr. Rajesh Gandhi replied that 378 rooms are assured on a twin sharing basis which accounts for 750 people's accommodation and they have contacted other hotels in Lonavla, hence more than 1000 people can be accommodated. Considering that, Dr. Satish Mutha asked about the cost escalation to which Dr. Rajesh Gandhi replied that only 10% cost escalation of the present slab of registration will be there if at all.

Dr. Rujuta Mehta said that since Dr. Rajesh Gandhi is elected un-opposed, he has the faith of the BOS and it is President's prerogative to hold the WIROC. What we have to debate today is whether we have faith that he

will do the best. We should support Dr. Rajesh Gandhi on this point to which Dr. Sangeet Gawhale replied that we are discussing only about holding conference at Amby Valley and it's not about supporting anyone. Dr. Vikas Agashe replied that supporting Dr. Rajesh Gandhi and supporting conference at Amby Vally are two different things and these things should not be mixed.

Dr. Prakash Samant said that three years back it was 25,000 on twin sharing basis which Dr. Rajesh Gandhi said that it will be only 10% increase.

Dr. A. J. Thakur asked that what is your solution to traffic jam.

Dr. A. B. Goregaonkar said that each WIROC has had some or the other issue. For years we have been holding WIROC at 5-star hotel and it's time that we try out other venues. In future we may have all WIROCs at other venue.

Dr. Niraj Bijlani mentioned that money should not be a criteria to decide venue of conference as there is nothing called as a poor orthopedic surgeon. Dr. Roshan Wade said that we cannot forego the opinion of senior members. This is not issue of Amby Valley, this is the issue of for the everyday practitioners and residents and industry also. There are repercussions of holding conference outside Mumbai. The next conferences may be held in Goa, Colombo or some other place in the World.

Dr. Prakash Samant asked if any other conferences are happening at Amby Valley; to which Dr. Phadnis replied that in fact there are many conferences that are happening at Hotel Renaissance so we may not get the dates. Dr. Sudhir Sharan said that as a society we should stand together and give a new idea a chance.

Dr. Tushar Jimulia added that the seniors of Bombay orthopaedic society will be present at all times in the non-Mumbai location and thus they can influence the juniors for a longer period of time. Thus as a majority decided and it was passed that WIROC-2022 may be conducted at Amby Valley

Proposed by Dr. Neeraj Bijlani and Seconded by Dr. Rujuta Mehta.

# 13. To confirm the names of speakers for the R. J. Katrak Oration and the K. T. Dholakia Lecture for WIROC 2022 and select stand-by speakers who will be the confirmed candidates for WIROC 2023.

Dr. Swapnil Keny informed the house that for Dr. Katrak oration would be Dr. Sanjay Agarwala who had agreed to deliver the oration and for Dr. K. T. Dholakia lecture, the speaker would be Dr. Ravi Ramakantan. However, Dr. Ramakantan has expressed that due to health issue he may not be able to attend if the conference is held out of Mumbai.

Dr. Agashe said that in case he is not able to travel outside Mumbai, we should give him an option of online delivery of the oration.

Standby speaker for Katrak would Dr. Anant Joshi and he will be the Orator for WIROC-23. For the Dr. K. T. Dholakia Oration, Dr. Sangeet Gawhale suggested that the names of Dr. MunJed Al Muderis from Macquarie University Australia or Dr. Jason Stoneback from University of Colorado who had done pioneering work on osteointegration and Dr. B Ravi from IIT Mumbai was suggested by Dr. Rajesh Gandhi. Dr. Agashe said that he supports the name of Dr. B. Ravi. Dr. Ram Chaddha said that Dr. K. T. Dholakia Oration is a non-clinical topic and didactic in nature so we should we could keep it online, thus saving a lot of money for travel and accommodation of the speaker to which was supported by Dr. Harshad Argekar.

Dr. Ram Chaddha made a proposal that future didactic lectures may be kept online.

Dr. Rajesh Gandhi made a suggestion that Dr. B. Ravi can be kept as a speaker for K. T. Dholakia Oration for year 2022 in case Dr. Ramakantan cannot travel to Amby Valley and Dr. Ravi Ramakant may be shifted as a speaker for the following year.

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Proposed by Dr. Rajesh Gandhi and Seconded by Dr. Vikas Agashe.



### 14. To approve applications for BOS membership

Total 30 members were approved by the BOS AGBM.

Dr. Agashe asked what is the cut-off limit for application and it should be followed to which Dr. Rajesh Gandhi replied that there is no cut-off date and all application received till the date of AGM are accepted.

Dr. Harshad Argekar said that all the applications which are received and printed in the annual report should only be considered for ratification.

Dr. Ram Chaddha said that anything that happens before AGM can be ratified.

Dr. Sandeep Biraris said why should we print the annual report it can be sent online to which Dr. Argekar replied that we have to have it in physical copies for the record keeping.

Dr. Pradip Nemade made a suggestion that we can send a copies online and keep physical copy only to those members who are attending the AGM in physical manner.

Dr. Raviraj Shinde said that we need physical copies for submission for the charitable commissioner.

Dr. Roshan Wade said that a lot of copies get wasted so we can save on printing expenses.

Proposed by Dr. Ram Chaddha seconded by Dr. Mandar Agashe.

#### 15. President Elect's address: Dr. Rajesh Gandhi

My Respected Teachers, Esteemed Seniors, and Dear colleagues,

This is a momentous occasion for me to take over as a president for most prestigious academic body in Orthopaedic field.

BOS is an institution with unwavering commitment to Academics and Skill improvement of orthopods all across the country.

I was in conversation with senior member of IOA Professor Dr. Ramesh Sen, he told me about how he attended the BOS courses, To increase, refresh, the skills and develop new skills. & how he has benefitted greatly from the academic activities of BOS.

Even he told me that he recommends his residents to attend Bombay Orthopaedic society courses & that has helped all, who attended the courses.

At this point, I mentioned, that even I attended the courses conducted by BOS and has helped me immensely to sharpen my skills.

I propose my Presidential theme as

Motivate, Innovate, Integrate

**Redefining Orthopaedics** 

President's post is not status or position, but it is a responsibility.

I humbly accept the responsibility.

Together let's work Towards Tomorrow

Together let us take BOS to newer heights.

Jaihind

Dr. Sangeet Gawhale handed over the Presidential Jewel to Dr. Rajesh Gandhi and Dr. Rajesh Gandhi handed over Past President medallion to Dr. Sangeet Gawhale as a symbolic gesture.

#### 16. Any other matter with the permission of the chair

1. Dr. Swapnil Keny informed the house about a letter written by Dr. Aseem Parekh, Past President of the BOS, about publishing the addendum to the Past President's book which was published during the Golden Jubilee year of WIROC. Dr. Vikas Agashe commented that it would be a very costly affair and for saving money only the names that has been added after publishing the previous book should be printed.

Dr. Ram Prabhoo said that we should make a policy that such book can be published every five or 10 years.

Dr. Sanjay Dhar said that this book can be in PDF format and sent to every member.

Dr. Sangeet Gawhale has informed the house that one BOS member who wishes to stay anonymous has agreed to give a donation for printing this book.

Dr. Neeraj Bijlani said that we should send PDF of the book to everyone and give the printout only on request on feeling a certain form to which Dr. Ram Prabhoo and Dr. Harshad Argekar supported.

Dr. Satish Mutha said that should we discuss this matter if a person who wrote this letter is not present in the hall. He said that the book can be published every five years. So it was proposed that the Addendum book may be published online and hard copy will be provided to members on request.

Proposed by Dr. Sanjay Dhar and seconded by Dr. Neeraj Bijlani.

2. Hon President Dr. Sangeet Gawhale informed the house that the BOS Member who wishes to stay anonymous has agreed to give a donation of two lakhs Indian Rupees and has requested that the prize money for the Young Surgeon Forum and Veteran Surgeon Forum of Rs. 20,000 each for the first five years should be made available from the donation. Dr. Gawhale also added that Indian Arthroplasty Association has made a donation of 5 lakhs, (courtesy Dr. Shubhranshu Mohanty) and we can make the same provision for next five years from this 5 lakhs; thus the provision for 10 years can be made.

At this juncture, Dr. Gawhale invited Dr Mohanty to speak about this donation)

Dr. S. S. Mohanty informed the house that the annual conference of IAA was supposed to happen in Coimbatore but because of Covid protocols it was supposed to get converted to virtual format. However, he as an Organising President of IAA & Dr. Harish Bhende as and Organising Chairman agreed to do the conference in physical format in Mumbai and they did not have adequate time for preparation. They had received great support from the BOS for getting delegates and MMC approval and that's why they could conduct the conference flawlessly with the help of the BOS. As a token of appreciation and goodwill gesture, the IAA Organising Committee decided to give a donation of five lakh Indian rupees to the BOS. He thanked BOS President and Hon. BOS Secretary for the same.

Dr. Sangeet Gawhale thus inform that the provision for next 10 years for YSF and VSF, prize money of Rs 20,000 each can be made out of these donations.

Dr. Sangeet Gawhale also proposed that the cash prize for Dr. K. S. Masalawala Best Paper Award which is currently Rs. 5,000 can be increased to Rs. 15,000.

Proposed by Dr. Sangeet Gawhale and seconded by Dr. Roshan Wade.

3. Dr. Agashe mentioned that by the time surgeon becomes eligible to practise and get his patients for the follow up he is almost over 40 years of age so it is high time we decide the cut-off age for the YSF. He proposed that age should be increased to 45 years of age. He also said that there is hardly any criteria for YSF because it is just a published paper so he said that some criteria should be laid down and it should be decided whether it is just for 30 minutes of plenary session, to which Rajesh Gandhi supported.

Dr. Sanjay Dhar said that there should be special committee to judge YSF or VSF and it should not be decided by the scientific committee. This committee should know the name of the presenter, they should be able to interview the presenter and there should be different criteria rather than just accepting the paper.



Proposed by Dr. Sangeet Gawhale, Seconded by Dr. Sanjay Dhar.

Dr. Prakash Samant said that as per NMC guidelines, 10% of plagiarism check should be allowed. Presenters should self attest such declaration that the papers is within 10% plagiarism limit.

Dr. Ashok Shyam said increasing the age for YSF should help the surgeon to collect prospective data.

Dr. S. S. Mohanty the cut-off age of 45 years and he asked that whether can we can cut down the presentation time to 20 minutes (that is 15 minute presentation and five minutes for felicitation and formalities), to which Dr. Gawhale said that is it that it should be 18+2.

Dr. Agashe said that to say that 20 minute is too less and he proposed 20 minutes talk +5 minute for felicitation. Thus, it was decided that the timing should be 20 minutes presentation and five minutes for felicitation and formalities.

Dr. Swapnil Keny asked Dr. Agashe that since the cut off for the YSF in IOA was 50 years why the same may not be done for the BOS, to which Dr. Agashe said that 45 years seems to be the right limit at present.

Proposed by Dr. Sangeet Gawhale and seconded by Dr. Ashok Shyam.

4. Dr. Swapnil Keny informed the house about a letter submitted by Dr. V. T. Ingalhalikar about the BOS song or anthem. Dr. Ingalhalikar presented the BOS song and asked the General body to give opinion about it and he said that it is a raw version and it will be changed to a more professional version. Dr. Swapnil Keny said that there can be a video bites that can be present during the song. Dr. Sangeet Gawhale said that the time allotted for inauguration is very less, that is 15 min only. A two minute song can consume the time during inauguration. Dr. Agashe and Dr. Ram Prabhoo said that the song should not consume the time of inauguration. Dr. Ram Chaddha said that said song cannot be called as an anthem because we call it as an anthem then there are rules and regulations about that and it is humanly impossible for the members to stand for two minutes for the said song. He said that it would hurt the composer if the song is not respected so it should be just called as a song and not as an anthem.

Dr. Roshan Wade supported the Dr. Chaddha and added that it should be played on the BOS foundation day rather than WIROC.

Dr. Pradip Nemade said that since the song was not invited executive council and submitted by the member on his will, there could be more such submissions in the future and we should not discourage other members in submitting the song just because we have still already selected one song.

Proposed by Dr. Sangeet Gawhale supported by Dr. Sandeep Biraris

#### 17. Felicitation of BOS Course Conveners for the Academic Year 2021-22

All the Instructional Course Conveners of academic year 21-22 were felicitated by the honourable President and the Honorary Secretary by giving them certificate individually.

Dr. Swapnil M. Keny, thanked all the course conveners for their efforts in uplifting the standards of the BOS and keeping the BOS flag flying high.

#### 18. Election Results

Election officer Dr. S. S. Mohanty announced the election result and declared that Total 337 Members casted their vote and total votes that we casted were 944. For Executive Council Member, Dr. Dheeraj Sonawane and Dr. Anoop Dhamangaonkar were elected. Dr. Neeraj Bijlani and Dr. Satish Mutha were elected unopposed for the post of Secretary and Vice President respectively. For the post of President-elect Dr. Sanjay Dhar was elected.

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Dr. Sangeet Gawhale thanked Dr. S. S. Mohanty for a flawless conduction of election.

# 19. Vote of thanks by Hon. Secretary (Felicitation of outgoing Executive Council Members and welcoming of newly elected members)

Dr. S. S. Mohanty, Dr. Rujuta Mehta, Dr. Swapnil M. Keny, Dr. Ashok Shyam and Dr. Vishal Kundanani who were the outgoing member of the BOS Executive Council who had finished their terms were given a vote of thanks. The AGBM then welcomed the newly elected members of the BOS Executive Council; Dr. Sanjay Dhar, Dr. Neeraj Bijlani, Dr. Satish Mutha, Dr. Dhiraj Sonawane and Dr. Anoop Dhamangaonkar.

Hon. President, Dr. Sangeet Gawhale declared the end of AGM and give a concluding remarks that it was this AGM is conducted in a very peaceful manner without any hassle or argument.

The meeting ended with a vote of thanks to the chair.



# ORGANISING SECRETARIES' REPORT: WIROC GLOBAL

## WIROC GLOBAL: A Mega-Event

WIROC GLOBAL was a fantastic experience for all three of us, and we hope it was for all the delegates and faculties. It represented a change and a transition from the virtual world into a physical conference. It had the best of both worlds included in one which did full justice to the presidential theme of Dr. Sangeet Gawhale; 'Adapt & Evolve.'

The entire event was planned in 3 months! Yes, just three months is what was needed to plan and execute a conference of such a massive scale. And we thank the entire team with us that has helped us realise this dream.

The first proof of concept was the balance of Virtual and Physical components and the involvement of National and International Societies on One Single Platform. The concept and term 'WIROC GLOBAL' was suggested by Ashok Shyam and was readily accepted by the other pillars of WIROC and thus began a journey of partnership, friendship, and comradeship among all of us three. The first step was creating a Team for WIROC GLOBAL. We received full support from the entire academic fraternity of the Bombay Orthopaedic Society. The scientific program planning started in January 2022 and was completed by mid of February under the guidance of Dr. Sangeet Gawhale, Dr. Vikas Agashe and Dr. Anil Karkhanis. All the convenors did a fabulous job of bringing together a fantastic program.

The virtual part of WIROC GLOBAL was planned to include a 36 hours program which will be 12 hours running after the physical conference. We had scheduled 2 hours slots with societies and started approaching them. To our amazement, most of the organisations were delighted to participate. This was a unique concept to them. The most remarkable part was that we offered members of all participating societies Free Access to the Virtual Platform and content of all other organisations. We also asked the societies to add a small introduction to their societies so that members of other societies visiting the platform can know more about their activities. This was to be given by the presidents of the societies, and we are delighted to have the presidents of prestigious organisations like the British Orthopaedic Association, Canadian Orthopaedic Association, AO North America, SLARD, SICOT, SPOT, and many more personally participate and spoke about their associations. It was such a delight to see the inclination to share and collaborate among the entire orthopaedic community from across the world. We have a total of 87 societies participating, with more than 258 speakers from more than 104 countries. That shows the spirit of companionship that the orthopaedic community enjoys.

Massive technology infrastructure was required to record, process, and schedule the entire Global part of WIROC GLOBAL. The team of Ashok Shyam and Neeraj Bijlani executed this. This was a massive task of organising recordings with each society and coordinating with a vast list of faculties. A lot of faculty sends pre-recorded videos which were to be stitched together to make a comprehensive program. The shape of the program looked terrific and diverse. Speakers and viewpoints from Africa, the middle east, Europe, Asia, North America, Canada, Latin America, and Australia presented various views on seemingly similar topics. This was another revelation of how differently we deal with our problems depending on the resources and infrastructure.

One of the essential highlights of WIROC GLOBAL is the Live Surgery Platter which was entirely Dr. Vishal Kundnani's brainchild. Again it required tremendous technology support, and the audio-visual expertise of Mr. Anand Peter came into play in the area. Five centres of excellence offered their help in conducting the Live Surgeries and stirred the entire nation's excitement. Meet the master program was conceptualised to present the best surgeons with the best surgical techniques. More than 60 surgeons responded to our call, glad to share and demonstrate their expertise. The physical days of WIROC GLOBAL are start studded with Plenary sessions, Orations, CME, and fantastic research presentations. All these fulfilled the traditional WIROC Element, which is graded as one of the highest levels of academics in the country. The hospitality of VAMA Events with Mr Vikram Patwardhan's team and designing of the Event structure by Mr Rajesh Menon adds immensely to the delegate's experience and the meeting's success.

We had some fantastic facades at the venue, with a Walk of Fame including all past president secretaries and EC of BOS. The façade included the participating societies too, and highlights of WIROC GLOBAL. One of the unique

## ORGANISING SECRETARIES' REPORT: WIROC GLOBAL



features of the WIROC GLOBAL program was the inclusion of free research papers in the scientific sessions. Rather than cornered into empty halls, the young researchers could present their papers to a panel of experts in related fields.

WIROC GLOBAL has extended its invitation to all academic bodies worldwide and provided free access to the global program for all its members. More than 70,000 surgeons visited the platform in the next three months and took advantage of the academic deliberation. With this huge responsibility, the WIROC GLOBAL Virtual platform was made to be one of the best in the world with every conceivable feature on it. It is made to specification from the WIROC Tech team and aims to make it user-friendly and to take such massive traffic.

We also have the feature of 'WIROC-on-Demand' where visitors can view the WIROC Physical event, Live Surgery platter, and Meet the Master Session on payment. This was helpful for anyone wishing to attend WIROC but could not participate and for members of other societies who want to see the entire conference virtually.

WIROC FOREVER is the Last stage of WIROC GLOBAL which is envisioned to give back to the orthopaedic community in a huge way. We are still working out the details, but WIROC FOREVER will be initiated in the first month of 2023, and we plan to open the entire WIROC Content for everyone to watch and enrich themselves.

In short, WIROC GLOBAL has been a global phenomenon with huge academic repercussions. We learned that there is a great sense of partnership and wish to collaborate among orthopaedic surgeons, societies, and the entire community. And also, as we saw the diverse application of principles, we realised that there is a huge need to learn from each other. WIROC GLOBAL is the beginning of a more collaborative Future, and we hope and wish we can organise more such events in the future too.

We received a tremendous response from the industry that helped and supported us in manifesting this Mega Event. On WIROC GLOBAL's behalf, we made certificates and handed them over to every stall during WIROC. This marked our deep gratitude and appreciation for each and every participating industry

Lastly, we would like to thank the entire BOS Executive Council for helping immensely in every aspect of this GLOBAL meeting. We want to thank all the scientific and organising committee members for supporting us and creating this resource for the orthopaedic community. Ultimately, we would like to thank our 1100 delegates and more than 300 faculty who participated wholeheartedly in making WIROC GLOBAL a tremendous success.

**Dr. Sangeet Gawhale** Organising Chairman, WIROC GLOBAL **Dr. Vishal Kundnani** Organising Secretary, WIROC GLOBAL

**Dr. Ashok Shyam** Organising Secretary, WIROC GLOBAL



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