

**BOMBAY
ORTHOPAEDIC
SOCIETY**

CALENDAR OF EVENTS

2021 - 2022



PRESIDENTIAL THEME
ADAPT AND EVOLVE

Continuing Medical Education for Excellence in Orthopaedics
www.bombayorth.in

EVENTS AT A GLANCE



CLINICAL MEETINGS	First Sunday of alternate months starting from April
MASTER SHARES & MASTER CARES SERIES	First Sunday of alternate months starting from May
DR. J. C. TARAPORVALA P. G. TEACHING COURSE	Online Postgraduate Teaching Program
INSTRUCTIONAL COURSES	<p>ORTHOPAEDIC ONCOLOGY COURSE (August 11 - 15, 2021)</p> <p>OSTEOTOMIES AROUND THE PAEDIATRIC AND ADOLESCENT HIP (BASIC) (AUGUST 19 - 20, 2021)</p> <p>HAND SURGERY COURSE (SEPTEMBER 22 - 25, 2021)</p> <p>BASIC ARTHROPLASTY COURSE (SEPTEMBER 29 - OCTOBER 1, 2021)</p> <p>BOS RESEARCH METHODOLOGY COURSE (OCTOBER 16 - 17, 2021)</p> <p>JESS COURSE 2021 (NOVEMBER 11 - 14, 2021)</p> <p>BOS BASIC SPINE COURSE (NOVEMBER 26 - 28, 2021)</p> <p>ADVANCED FOOT AND ANKLE COURSE (JANUARY 8 - 9, 2022)</p> <p>BASIC FRACTURE FIXATION COURSE (JANUARY 13 - 15, 2022)</p> <p>PELVI- ACETABULAR COURSE (JANUARY 21 - 22, 2022)</p> <p>BASIC ARTHROSCOPY COURSE (JANUARY 28 - 30, 2022)</p> <p>TECHNOLOGY SKILLS COURSE (FEBRUARY 4 - 5, 2022)</p> <p>BASIC PEDIATRIC ORTHOPAEDIC COURSE (FEBRUARY 9 - 11, 2022)</p> <p>BASIC ILIZAROV COURSE (FEBRUARY 18 - 19, 2022)</p>

BOS EXECUTIVE COUNCIL



Dr. Sangeet Gawhale
President
Mob: +91 9820075042



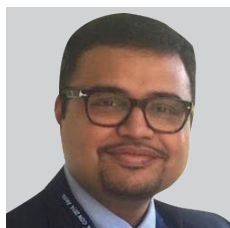
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Executive Council Member
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Executive Council Member
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MESSAGE FROM THE PRESIDENT.....



DR. SANGEET GAWHALE
PRESIDENT

Greetings from the desk of the BOS President!

I am thankful to all of you for electing me to this August office, which is now 55 years old.

At the outset, I would like to express my deepest sympathies to those who have lost their near and dear ones in this pandemic and I wholeheartedly salute all the frontline health workers for their services rendered to the society.

In the present situations, we have to Adapt, innovate & evolve to overcome such difficult time & hence the Presidential theme this year is "ADAPT & EVOLVE".

The BOS events retain the high-quality information and free interaction between faculty and members. This year most of the meetings will have MMC Accreditation & will be on digital platform unless we get directives from Government for physical meeting.

The virtual clinical meetings are having record viewership in comparison to physical. Last year's total accredited MMC points from all academic activities were 30.

The Master Cares programme under the direction of Vice President Dr. Rujuta Mehta, has chosen wonderful theme (Practise Changing Ideas) & will have interesting topics. 14 Instruction courses have been crafted to suit all specialities. Senior members are contributing their knowledge & experience and many more members through their publications.

Our strength is the increasing membership & to make it easier, we have made online Life membership submission and payment. Similarly, members can update their profile online.

Members have free access to recordings of Webinars, Clinical Meetings & Master Care Series of last & this entire year, Video Journal & Newsletter. The non-academic sessions are also available on YouTube. I request you all to contribute articles to our journal of BOS.

The current Executive Council is full of energy and innovative ideas and is working hard to realise higher goals of our society & towards our 56th Annual Conference "WIROC 21".

Dr. Swapnil Keny, our dynamic Secretary is working tirelessly on many fronts.

Web Masters Dr. Kshitij Chaudhary & Dr. Agnivesh Tikoo are working hard on website & all activities which are going on digital platform.

I request you to participate in all BOS activities & please communicate; convey your suggestions, feedback and criticisms by email to BOS Secretariat.

Lastly, this pandemic and lockdown has given us time for introspection re-emphasizing the notion "Health is Wealth". Please take good care of yourself & your families while providing professional care to your patients.

I hope and pray to live up to your expectations.

Yours truly

Prof. Sangeet Gawhale

President,
Bombay Orthopaedic Society

MESSAGE FROM HON. SECRETARY.....



DR. SWAPNIL M. KENY
HON. SECRETARY

Evolution by Contribution

In unison with the Presidential theme for the year '**Adapt & Evolve**', I wish to convey a personal yet profound philosophy to the respected members of our August body.

The year 2020 was a year of pathfinding and soul searching. I foresee 2021 as a path-breaking academic year for the BOS and its members. To excel at certain skills, at times, one needs to not only think out of the box, but also step out of it. As we evolve from unprecedented times, our contributions to our field and to the society would have a bearing on the generations of orthopaedic surgeons to come.

The BOS is a cohesive unit and has proven its prowess in unity and integrity for the past 55 years. It's now time to take the next step in this direction with active contribution from members on a voluntary basis. This could mean active participation in academic meetings, suggestions to improve the quality of academics and proposals to conduct academic events and programs in partnership with the BOS.

It could also mean, contributing scientifically towards the Journal of Clinical Orthopaedics, the official publication of the BOS. It could entail writing about your non-academic interests in 'Cadence', the quarterly newsletter of the society. The BOS has commenced a non-academic webinar series on the Presidential theme in the current academic year. Your suggestions for and contribution to the same would be invaluable.

The BOS recognises the academic contributions of its members each year in the form of scientific publications, contribution to orthopaedic books and book chapters and such contributions help the BOS to consolidate its academic strength.

In the previous academic year WIROC unlocked, broke the shackles of convention to emerge as one of the best academic event of the year. WIROC is more than a conference to the BOS and its members. It's a celebration of academic fellowship and forum to forge and strengthen personal and professional bonds. I hope that in the current academic year too, the trend will not only continue but would become more solemn.

The BOS looks up to its senior members to mentor and train the orthopaedic trainees and young orthopaedic surgeons. The COVID 19 pandemic has changed the paradigm of teaching and training. We may impart online knowledge, but such knowledge can never be enough to develop hands on skills. Hence I request senior BOS members to take it upon themselves to help in the evolution of the generation next in whichever possible way.

Finally, this year is deemed to be a year of challenges and anticipated adversity for the BOS. Conventionally, while the concept of building bridges is fair in most instances, at times it is also important and pertinent to construct wide and deep moats of resilience and stand like the Trojans soldiers to fortify the sanctity and spirit of our alma mater. The contribution of each and every member towards this greater cause is fundamentally essential.

I believe that the worst is behind us and what lies ahead is nothing but the best. Yet the best will only come when we transcend from ME to WE and evolve by mutually conducive contribution.

Dr. Swapnil M. Keny

Hon. Secretary,
Bombay Orthopaedic Society

✉ secretary@bombayorth.com

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FLAGSHIP ACTIVITIES



CLINICAL MEETINGS

The Clinical Meetings are held on the first Sunday of even months of the year from 9.00 am to 1.00 pm.

The Clinical Meetings for the year 2021-22 are as follows:

DATE	HOST INSTITUTE	CONVENER
4 th April 2021	Jupiter Hospital, Thane	Dr. Ashish Phadnis
6 th June 2021	Lilavati Hospital, Bandra, Mumbai	Dr. Rajesh Maniar
1 st August 2021	Sion Hospital, Sion, Mumbai	Dr. Arvind Goregaonkar
3 rd October 2021	KEM Hospital, Parel, Mumbai	Dr. Sudhir Srivastava
5 th December 2021	Nair Hospital, Mumbai Central, Mumbai	Dr. Aseem Parekh
6 th February 2022	Bombay Hospital, Marine Lines, Mumbai	Dr. Parag Munshi
3 rd April 2022	J J Hospital, Byculla, Mumbai	Dr. Eknath Pawar

ANNUAL GENERAL BODY MEETING (2021)

Date and Venue for the Annual General Body Meeting for the year 2021 will be informed to all BOS Members at a later date.

MASTER SHARES & MASTER CARES SERIES

Scientific Convener of all Master Shares & Master Cares Series: Dr. Rujuta Mehta (Vice President, BOS)

The Master Cares Master Shares initiative was started in 2008-2009 as a novel idea for partaking in in-depth discussions on a focussed aspect in various specialities of Orthopaedics. Over the past several years it has witnessed a rich plethora of topics and enjoyed popularity as a value addition to the academic traditions of BOS. The AGM of 2015 and 2016 entrusted the responsibility of designing and conducting the series to the Hon. Vice-President of the association. This will be the 6th edition as a flagship activity, it's a proud privilege to have the opportunity to weave it around a central theme spanning all specialities. Orthopaedic Practise has witnessed immense advances and diversification over the past two decades. Of particular significance is the way the approach to treatment of certain common conditions has radically changed. We have therefore put the spotlight on these big ideas in a detailed overview; as they deserve centre-stage.

DATE	TOPIC	VENUE	CONENERS
May 2, 2021	Spine	Virtual	Dr. Sandeep Sonone & Dr. Kshitij Chaudhary
July 4, 2021	Arthroscopy	Virtual	Dr. Pranjal Kodkani & Dr. Shreyash Gajjar
September 5, 2021	Trauma	Virtual	Dr. Shakir Kapadia & Dr. R. M. Chandak
November 7, 2021	Arthroplasty	Virtual	Dr. Amit Pispati & Dr. Darius Soonawala
January 9, 2022	Paediatrics	Virtual	Dr. Chasanal Rathod & Dr. Ratna Maheshwari
March 6, 2022	Hand	Virtual	Dr. Sudhir Warriar & Dr. Hemant Patankar

INSTRUCTIONAL COURSES



ORTHOPAEDIC ONCOLOGY COURSE

Course Convener	: Dr. Chetan Anchan (Mob: +91 9819993808)
Co-Conveners	: Dr. Mandip Shah (Mob: +91 9904083091) & Dr. Yogesh Panchwagh (Mob: +91 9325380025)
Maximum Delegates	: 15
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: August 11 - 15, 2021
Venue	: Online
Course Highlights	: There will be experienced faculty drawn from across the country with years of dedicated orthopaedic oncology practice. The program will be interactive where the delegates will be encouraged to participate in practical scenarios and will be guided through the work-up and management of bone tumor patients. The course will be divided into <ul style="list-style-type: none">• Introduction, work-up and biopsy• Treatment planning and execution• Treatment for benign bone tumors• Surgery for Primary bone sarcomas - Megaprosthesis• Metastatic bone disease and pathological fractures.
Course Objectives	: This will be an introduction to orthopaedic oncology giving an insight into the work-up and management of patients with bone tumors. It will help the attendees understand the approach to a patient with bone tumor and equip them in managing them in a planned manner.
Format and Pattern	: 5 Days Course. (Approx. 2 hours each day)
Learning Material	: No
Who can attend this Course	: Any Orthopaedic Surgeon with interest in orthopaedic oncology – this will be purely basic. Not meant for somebody already practicing orthopaedic oncology

OSTEOTOMIES AROUND THE PAEDIATRIC AND ADOLESCENT HIP (BASIC)

Course Convener	: Dr. Swapnil M. Keny (Mob: +91 9820193192)
Co-Convener	: Dr. Sandeep Vaidya (Mob: +91 9833285817)
Maximum Delegates	: 30
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: August 19 - 20, 2021

INSTRUCTIONAL COURSES



Venue	: Online
Course Highlights	: <ul style="list-style-type: none">• Decision making strategies in conditions needing hip osteotomies• Hands-on planning exercises for various types of osteotomies• Demonstration of Surgical Execution of various Pelvic and Femoral osteotomies with intra operative videos and saw bone models
Course Objectives	: <ul style="list-style-type: none">• To a brief overview of the conditions requiring pelvic and femoral osteotomies• To discuss the comprehensive planning of the various types of osteotomies around the pediatric and adolescent hip• To demonstrate the various types of pelvic and femoral osteotomies with surgical videos and case examples
Format and Pattern	: 2 Days Course
Learning Material	: Yes
Who can attend this Course	: <ul style="list-style-type: none">• Practicing Orthopaedic Surgeons, wanting to refine their skills of hip osteotomies• Fellows Pursuing various Pediatric Orthopaedic and reconstructive surgery fellowships• Senior Residents with keen interest in pediatric orthopaedics pertaining to pediatric hip disorders• Orthopaedic residents, wishing to learn the basics of hip disorders and their management

HAND SURGERY COURSE

Course Convener	: Dr. Bipin Ghanghurde (Mob: +91 7738729068)
Co-Convener	: Dr. Kiran Ladkat (Mob: +91 9819530231)
Maximum Delegates	: 20
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: September 22 - 25, 2021
Venue	: Online
Course Highlights	: High quality operative videos and technical tips Lectures by hand surgery stalwarts of Mumbai
Course Objectives	: <ul style="list-style-type: none">• To develop holistic approach for management of hand and wrist ailments.• To demonstrate thorough understanding of hand, wrist, finger tips, tendon, congenital hand, nerves.• To provide technical tips via surgical videos about particular procedure in hand and wrist
Format and Pattern	: 4 Days Course (2-3 hours per day)
Learning Material	: Soft copies of journal articles related to the topic will be provided.
Who can attend this Course	: Orthopaedic Surgeons Plastic Surgeons

INSTRUCTIONAL COURSES

BASIC ARTHROPLASTY COURSE

Course Convener	: Dr. Abhijit Kale (Mob: +91 9819957525)
Co-Conveners	: Dr. Sudhir Sharan (Mob: +91 9867967061) & Dr. Anoop Dhamangaonkar (Mob: +91 9819419898)
Maximum Delegates	: 30
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: September 29 - October 1, 2021
Venue	: Online
Course Highlights	: Precourse Material - About 10 or more talks covering basics of THR & TKR will be shared prior to course whose viewing will help delegates in active participation during the course. Precourse Workshop - Videos demonstrating basic cuts in TKR & THR will be shared prior to course.
Course Objectives	: Aims: To teach preop planning, surgical execution and postop rehabilitation of THR & TKR Objectives: After the course, the delegate should be able to do <ul style="list-style-type: none">• Preoperative planning in Knee & Hip Arthroplasty• Diagnose type of arthritis and able to select the correct implant• Plan intraoperative steps of deformity correction Diagnose and understand principles of managing postoperative complications
Format and Pattern	: 3 Days Course
Learning Material	: • Relevant Articles in Arthroplasty • Precourse Video Talks (Valid till 31st December 2021)
Who can attend this Course	: The course would be ideal for consultants, fellows and residents with keen interest in field of Arthroplasty

BOS RESEARCH METHODOLOGY COURSE

Course Convener	: Dr. Vishal Kundnani (Mob: +91 9769310120)
Co-Conveners	: Dr. Abhay Nene (Mob: +91 9821471736) & Dr. Kshitij Chaudhary (Mob: +91 8108000038)
Maximum Delegates	: 30
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: October 16 - 17, 2021
Venue	: Online

INSTRUCTIONAL COURSES



Course Highlights	: <ul style="list-style-type: none">• Lectures by eminent faculty in research• Biostatistics workshop for all simplified• Simplified example based symposium• Course material available pre hand before course and after course too
Course Objectives	: <ul style="list-style-type: none">• At the end of course delegates shall be aware of<ul style="list-style-type: none">• Basics of research, type of studies, level of evidence, biostatistics necessary for research• How to make data-keeping effective in daily practice• How to generate research questions – what topics can research be done• How to start writing research papers for publications• Basic tips, tricks, techniques on writing introduction, methodology, results, statistics and discussion of paper for publications• How to get internal review system and how to respond to reviewers• How to submit papers for publication and ensure smooth consideration• Different journals for potential publication target
Format and Pattern	: 2 Days Course (4 - 6 hours each)
Learning Material	: Yes recorded lectures made available pre and post-course
Who can attend this Course	: Interested candidates who are keen to enter into the field of research and want to publish the data at hand.

JESS COURSE 2021

Course Convener	: Dr. Ram Prabhoo (Mob: +91 9820053583)
Co-Conveners	: Dr. Rajesh Gandhi (Mob: +91 9820057969) & Dr. Tushar Ubale (Mob: +91 9594950466)
Maximum Delegates	: 20
Course Fees	: BOS Member Online - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member Online - INR 2,500 + 450 (GST) = INR 2,950
Dates	: November 11 - 14, 2021
Venue	: Online
Course Highlights	: The participant will be able to understand the concepts and philosophy of the system and its versatility in using the system as a definitive option in many problems. Especially in the geriatric and pediatric age group.
Course Objectives	: The Course will cover the basics of JOSHI EXTERNAL STABILIZATION SYSTEM (JESS) <ul style="list-style-type: none">• Philosophy and Principles of the System• Components and Frames• Safe zones• Applications in the Hand• JESS in lower end radius fractures• Management of lower end humerus fractures• Management of proximal humerus fractures

INSTRUCTIONAL COURSES



- Upper end Tibia fractures
 - Applications in the foot and ankle
 - Deformity correction by JESS
 - Pediatric applications of JESS
- Video presentations and live discussions after each topic.

Format and Pattern	: 4 Days Course
Learning Material	: Yes
Who can attend this Course	: Any Orthopaedic or Reconstructive Surgeon

BOS BASIC SPINE COURSE

Course Convener	: Dr. Vishal Kundnani (Mob: +91 9769310120)
Co-Conveners	: Dr. Ram Chaddha (Mob: +91 8828000663) & Dr. Sandeep Sonone (Mob: +91 9820042840)
Maximum Delegates	: 50
Course Fees	: BOS Member Online - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member Online - INR 2,500 + 450 (GST) = INR 2,950
Dates	: November 26 - 28, 2021
Venue	: Online
Course Highlights	: <ul style="list-style-type: none">• Lectures• Case discussion symposium• Surgical videos on common surgeries• Journal reviews• Instrumentation workshops• Study material <p>Post-course mentorship for one week for any doubts pertaining to daily practice for applications shall be made available</p>
Course Objectives	: <ul style="list-style-type: none">At the end of the course delegates shall be able to<ul style="list-style-type: none">• Manage patients with spinal problems in Spine OPD• Do ethical and Meticulous patient selection for surgical indications• To know the detailed steps, tips and tricks of the basic spine surgery techniques including decompression, instrumentation and fixation and fusion for common spinal ailments comprising 80% of spine surgery• Basic knowledge of minimally invasive spine surgery techniques• Be able to manage problems and complications in spine surgery• Get acquainted with protocols in spine surgery and post-op rehabilitation• Become aware about role of counseling and consent in spine• Be able to catch the red flags, yellow flags and do's and don'ts in spine
Format and Pattern	: 3 Days Course
Learning Material	: Pre-course material

INSTRUCTIONAL COURSES



Who can attend this Course : M.S Ortho
MCH Neuro
Spine Surgeons / aspiring Spine Surgeons interested in learning the basic and advanced spine surgery
Post Graduate aspiring to learn the basic of spine surgery

ADVANCED FOOT AND ANKLE COURSE

Course Convener : Dr. Pradeep Moonot (Mob: +91 9869465597)
Co-Conveners : Dr. Satish Mutha (Mob: +91 9821223642) &
Dr. Harshad Argekar (Mob: +91 9820654780)
Maximum Delegates : 30
Course Fees : **BOS Member** - INR 2,250 + 405 (GST) = **INR 2,655**
BOS Non-Member - INR 2,500 + 450 (GST) = **INR 2,950**
Dates : January 8 - 9, 2022
Venue : Online
Course Highlights :

- World Renowned International & National Faculty
- Wide exposure to relevant Trauma and Cold Foot and Ankle topics
- Learn decision making process for treating foot and ankle conditions
- Interactive and case discussion sessions

Course Objectives : The aim of the course is to cover both trauma and non-traumatic disorders related to Foot and Ankle disorders. Common conditions like ankle, talus, and calcaneum fractures will be covered in depth. Few of the important cold foot and ankle topics like flatfoot, TA tendinopathy, Hallux valgus, etc. will also be covered.
Format and Pattern : 2 Days Course
Learning Material : Yes
Who can attend this Course : Orthopaedic Surgeons

BASIC FRACTURE FIXATION COURSE

Course Convener : Dr. Santosh Banshelkikar (Mob: +91 9930402122)
Co-Conveners : Dr. Pankaj Pawar (Mob: +91 9930433842) & Dr. Pravin Jadhav
Maximum Delegates : 30
Course Fees : **BOS Member** - INR 2,250 + 405 (GST) = **INR 2,655**
BOS Non-Member - INR 2,500 + 450 (GST) = **INR 2,950**
Dates : January 13 - 15, 2022
Venue : Online
Course Highlights : Concept based talks

INSTRUCTIONAL COURSES



	Video modules Surgical capsules Case based panel discussion
Course Objectives	: Analysis of fracture morphology and discuss principles of fracture fixation
Format and Pattern	: 3 Days Course Day1 - Upper limb trauma Day2 - Lower limb trauma Day3 - Spine trauma
Learning Material	: Yes
Who can attend this Course	: Postgraduate residents pursuing <ul style="list-style-type: none">• M.S. Ortho / D.N.B.• Ortho / D. Ortho• Practising surgeons

PELVI-ACETABULAR COURSE

Course Convener	: Dr. Ashish Phadnis (Mob: +91 9870009830)
Co-Conveners	: Dr. Sanjay Dhar (Mob: +91 9821219883) & Dr. Pradip Nemade (Mob: +91 9819936959)
Maximum Delegates	: 20
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: January 21 - 22, 2022
Venue	: Online
Course Highlights	: Interactive course with national and international faculty. Enhance understanding and interaction using 3D models and videos Optional 3D Printed models can be purchased for practicing and following the faculty in their steps for a better understanding
Course Objectives	: Understand the concepts of the Acetabular fracture with special emphasis on the geriatric fractures and emergency and definitive management of pelvic fractures Recent advances in percutaneous fixation of pelvi-acetabular trauma
Format and Pattern	: 2 Days Course
Learning Material	: Yes
Who can attend this Course	: Final Year residents Orthopaedic Surgeons wanting to understand and increase their understanding of pelvic fractures

INSTRUCTIONAL COURSES

BASIC ARTHROSCOPY COURSE

Course Convener	: Dr. Mihir Patel (Mob: +91 9820109860)
Co-Conveners	: Dr. Jairam Jagiasi (Mob: +91 9820662166) & Dr. Ganesh Yeotiwad (Mob: +91 9819324549)
Maximum Delegates	: 25
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: January 28 - 30, 2022
Venue	: Online
Course Highlights	: <ul style="list-style-type: none">• Interactive lectures from experienced faculty• Group discussions• Video lectures• "Tips and Tricks" from the masters in the field• Re-live surgical demonstration <p>Link to the scientific content would be shared with delegates.</p> <p>Topics covered will include:</p> <p>Arthroscopic anatomy and common pathologies</p> <p>Triangulation techniques</p> <p>Equipment related discussions</p> <p>Knee topics: Surgical setup, meniscus, loose bodies, ACL</p> <p>Shoulder: Surgical setup, "implant" ology, knot tying, diagnostic and therapeutic shoulder arthroscopy including Bankart's repair</p>
Course Objectives	: Will cover topics related to Basic Knee and Shoulder Arthroscopy. At the end of the course each delegate will have knowledge of arthroscopic anatomy and common pathologies of the knee and shoulder and will be confident to perform a basic knee and shoulder arthroscopy.
Format and Pattern	: 3 Days Course
Learning Material	: Yes
Who can attend this Course	: <ul style="list-style-type: none">• Orthopaedic Surgeons who want to start the practice of knee and shoulder Orthopaedic arthroscopy• Surgeons who want to refresh and update their knowledge of knee and shoulder arthroscopy• Post graduate students who wants to have a "Birds eye" view of the world of arthroscopy

TECHNOLOGY SKILLS COURSE

Course Convener	: Dr. Neeraj Bijlani (Mob: +91 9892021844)
Co-Conveners	: Dr. Kshitij Chaudhary (Mob: +91 8108000038) & Dr. Ashok Shyam (Mob: +91 9833110366)
Maximum Delegates	: 20

INSTRUCTIONAL COURSES



Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: February 4 - 5, 2022 (7 pm to 10 pm)
Venue	: Online
Course Highlights	: The course will be held in small workshop patterns. The workshops will be on the following topics – <ul style="list-style-type: none">• Social Media• Digital EMR• Cloud Storage• Mobile Photography• Internet Security• Mobile Apps• Video Editing• PowerPoint and Keynote
Course Objectives	: To Learn New Online Technology and to adopt to changing times and shifting the paperwork digitally Delegates need to login using laptop and have a smartphone A basic working knowledge of internet and computer is necessary
Format and Pattern	: 2 Days Course
Learning Material	: Yes – Will be given as cloud folder
Who can attend this Course	: All Doctors including Post graduates, Fellows, Practicing junior and senior orthopaedic surgeons and doctors from other fields

BASIC PEDIATRIC ORTHOPAEDIC COURSE

Course Convener	: Dr. Swapnil M. Keny (Mob: +91 9820193192)
Co-Convener	: Dr. Binoti Sheth (Mob: +91 9869913622)
Maximum Delegates	: 20
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: February 9 - 11, 2022
Venue	: Online
Course Highlights	: <ul style="list-style-type: none">• Teaching based on clinical scenarios• Case-based discussion for diagnosis and management of pediatric orthopaedic disorders• Evidence-based knowledge on the best contemporary standard of care in pediatric orthopaedics.
Course Objectives	: <ul style="list-style-type: none">• To provide a basic overview of disorders of the pediatric musculoskeletal system• To appraise the delegates with the current trends in pediatric orthopaedic disorders• To teach the attendees, the recent advances in the surgical management of orthopaedic conditions in children

INSTRUCTIONAL COURSES



Format and Pattern	: 3 Days Course
Learning Material	: Yes
Who can attend this Course	: <ul style="list-style-type: none">• Practicing Orthopaedic Surgeons, wishing to update their practice of pediatric orthopaedics• Fellows pursuing the speciality of pediatric musculoskeletal disorders• Residents wishing to obtain a brief overview of pediatric orthopaedic disorders

BASIC ILIZAROV COURSE

Course Convener	: Dr. Milind Chaudhary (Mob: +91 9822466838)
Maximum Delegates	: 20
Course Fees	: BOS Member - INR 2,250 + 405 (GST) = INR 2,655 BOS Non-Member - INR 2,500 + 450 (GST) = INR 2,950
Dates	: February 18 – 19, 2022
Venue	: Online
Course Highlights	: <ul style="list-style-type: none">• Delegates will learn about Ilizarov Principles and they will be able to apply Ilizarov• Frame on tibia and femur bone models
Course Objectives	: <ul style="list-style-type: none">• Delegates will learn about Ilizarov Principles and they will be able to put Ilizarov• Frame on tibia and femur bone models
Format and Pattern	: <ul style="list-style-type: none">• Day 1: Basic lectures on Ilizarov Instruments, Principles, Complications and Results• Day 2: Workshops on Saw bone Models
Learning Material	: <ul style="list-style-type: none">• Bone models of tibia and femur and Ilizarov frame
Core competencies and skills which will be taught as a part of the course	: <ul style="list-style-type: none">• Ilizarov Frame Assembly, Ilizarov Wire Insertion Techniques, Preoperative Paper Planning

INSTRUCTIONAL COURSES



SELECTION CRITERIA

Selection criteria for instructional courses:

- Completed application form with payment in full.
- Attendance certificate of a basic course in the speciality is a must for advanced courses.
- Separate forms or photocopy for each course if applying for multiple courses physically. Online applications for each course has to be applied for and paid for separately.
- BOS life members will be given first preference.
- Post-graduate qualification, present work & experience.
- Registration & Degree Certificate is mandatory.
- Attendance of previous BOS courses.
- Publications, presentations and conferences attended.

ONLINE PAYMENT GATEWAY

A facility to make payment online to BOS by credit card has been created. Details will be available on the BOS website. A non-refundable surcharge for this use will be applicable, and this will be indicated at the time of billing.

OTHER METHODS OF PAYMENT

Demand drafts and cheques payable at par in Mumbai in favour of "Bombay Orthopaedic Society", must reach the BOS Secretary, 30 days before the commencement of the course. Outstation cheques and cash are not acceptable. Course fee does not include to and fro transport and accommodation in Mumbai. Selected delegates would be notified duly in advance and Cheque of those not selected will be returned. The Bombay Orthopaedic Society reserves the right to cancel / alter the programs for unforeseen reasons. Members may apply for more than one course. They must submit separate, set of application papers for each course or event and D.D. for each course or forum. Incomplete forms may not be considered. USE ALL CAPITAL LETTERS TO FILL FORMS.

CANCELLATION & REFUND

Delegates who want to cancel their registration must notify the BOS Secretariat in writing. 15% amount will be deducted for cancellation one month before the course. The cancellation amount is in addition to the GST paid which will not be refunded. No refund, if cancelled less than a month before the commencement of the course. All refunds will be made by online, only after the respective courses gets over. Candidates who are not selected will be given 100% refund. BOS will not be responsible for any untoward incident (natural or unnatural) due to which the candidate is not able to attend the course.

INSTRUCTIONAL COURSES

COURSE REFUNDS DISCLAIMER

It needs to be noted that any course of the BOS may be cancelled or postponed or its program may be altered / modified depending upon the situation prevalent in the country in view of the COVID 19 infection, rules and regulations by the Central Government, State Government, Municipal Corporations of the cities in which the courses are held and the institutes in which the courses are conducted.

The Bombay Orthopaedic Society will try and intimate the course delegates in advance in such circumstances. However, it may not be possible for the BOS to intimate or inform the delegates in reasonable time, in case the courses need to be cancelled at a shorter notice.

In such a case, the rules of course fees refund will apply. The BOS or its Executive Council cannot be held liable and responsible for any financial losses, which may result due to course cancellation including travel expenses, residential and logistical expenses. Such Expenses shall not be reimbursed to the delegates.

COURSE CERTIFICATES

Delegates will be provided with E-Certificates for courses conducted by Bombay Orthopaedic Society. The certificates can be downloaded from BOS Website (www.bombayorth.in) Each delegate will be provided with a unique username and password. Once logged in, delegates will be able to see a list of all the courses they attended. Option to download E-Certificates will be activated ONLY after submitting the feedback for respective courses.

NOTE

- All events conducted by BOS are subject to availability of faculty and adequate number of delegates.
- The organizers may change the dates, venue and faculty or may cancel the course in the unforeseen circumstances.
- All events organised by BOS including Courses, Clinical Meetings, Master Series, Conferences including WIROC, are scientific deliberations for registered Orthopaedic delegates only, besides special invitees of the Executive Council.
- All scientific deliberations are not open to non-orthopaedic surgeons.

DR. J. C. TARAPORVALA

POSTGRADUATE TEACHING COURSE (2021 - 2022)



Dr. J. C. Taraporvala

The Prof. J. C. Taraporvala post graduate teaching program is a flagship activity of the Bombay Orthopaedic Society. Based on the premise of case presentations to eminent faculty by post graduates in training, the program has been considered as the backbone of orthopaedic teaching since its inception.

During the COVID-19 pandemic, the program was modified into online teaching modules, which are available on the website and the YouTube channel of the BOS. We hope to continue the online teaching format in the current academic year, until conditions become conducive to hold physical meetings.

AWARDS & PUBLICATIONS

BOS BOOK AWARD & BEST TREATISE AWARD

Bombay Orthopaedic Society wishes to encourage academic book writing by Indian Orthopaedic Surgeons. To this end, it desires to present an award of Rs. 25,000/- (Twenty Five Thousand Only) to Indian Orthopaedic Surgeons, who have submitted a book on certain aspects of orthopaedics or related subjects after 2019.

The details of such a book can be brought to the Society's notice by any orthopaedic surgeon or by the publisher of the book.

The nominations should be made on the personal letterhead giving reasons for such recommendations. A photocopy of the copyright page that shows the history of the Publication like name and address of the publisher, ISBN, etc of the book should be attached.

The BOS Executive Council will refer the applications to a team of experts who will choose an author to whom the award will be bestowed upon. The BOS reserves its rights not to give any prize or split it in two or more shares, as it may feel proper.

No correspondence will be entertained about this decision. Three copies of the book should be submitted to the Secretariat. The books will not be returned after its scrutiny for award.

The publication must be in PUBMED peer-reviewed journals bearing ISSN number. Similarly, chapters written in books bearing ISBN number will be recognised. The author should apply to the Secretariat, in an online format.

Last date: August 31, 2021

BEST TREATISE AWARD

An award of Rs. 10,000/- (Indian Rupees Ten Thousand) for a Life Member of the BOS who has done Extensive Original Research and prepared a Treatise on a Project related to Orthopaedics, that contributes significantly, through its conclusions, to the practice of Orthopaedics today. Three copies of the treatise including legends, pictures and references should be submitted. The BOS Executive Council reserve its right to give, split or withhold this award based on the applications received. The copies have to be received by August 31, 2021 and may not be returned after scrutiny for the award. Researcher must have done and documented the named research for over 5 years atleast. This does not include P.G. thesis.

RESEARCH COMMITTEE

Bombay Orthopaedic Society desires to promote clinical and basic research in orthopaedics; to this effect, Society wishes to extend monetary support. The Society invites orthopaedic surgeons working in India to approach with research projects. Projects approved by IRB / Institutional Ethics Committee will be preferentially considered for grants. After vetting, the Society will support the effort. Communications may be directed to Hon. Secretary at the Society's office. Projects will be screened and evaluated by our Research Committee and experts and considered for funding. Please submit the project in the prescribed format only available as online on www.bombayorth.in IRB clearance is mandatory before submission. Projects can be submitted round the year.

AWARDS & PUBLICATIONS

RECOGNITION OF PUBLICATIONS

- BOS in its initiative to encourage academic activities will recognise publications by its members during WIROC every year
- The author must be a life member of BOS
- Publication must be in peer-reviewed journals being ISSN number
- Similarly, chapters written in books bearing ISBN number will be recognised
- Application process will be online. For more details, visit www.bombayorth.in (The Secretariat may ask for 3 copies of the publication at a later stage)
- All publications will be reviewed by a committee of experts
- Only articles published / accepted between June 1, 2020 & May 31, 2021 will only be considered for this year's recognition
- Last date for submission: 31st August 2021

JOURNAL OF CLINICAL ORTHOPAEDICS - THE BOS JOURNAL

Rapid developments in all the subspecialties of orthopaedics means an explosion of knowledge. In our constant quest to keep up with it, we would invite and encourage the members of our society to submit their work through the manuscripts and papers to our Peer Reviewed Journal.

We understand that the challenges in the subcontinent are different and so are the demands of our patients. Hence, we at the BOS wish to make this as a platform for our members and other orthopaedic surgeons to find solutions for problems that they can identify with, literature that speaks their language and knowledge that is relevant to practise in the subcontinent.

There will be a multitude of reasons to publish and a basic motive is to share knowledge with colleagues. We invite you to submit your manuscript under the relevant sub specialities.

Kindly Visit our website, www.bombayorth.in to know more about the Journal of Clinical Orthopaedics.

Chief Editor

Dr. Nicholas Antao

Executive Editor

Dr. Ashok Shyam

BOS WEBSITE

The BOS website was updated last year and we have made it more user friendly. All the online educational activities are available on the website and have been categorized into different sections for easy navigability. Since the pandemic affected our ability to conduct physical meetings regularly, all the online meetings were recorded. They can be assessed via both the website and our youtube channel. The viewership to our youtube channel has grown and now we have 3000+ subscribers.

The website will continue to update its members of the society's activities and publish reports and updates as it has done in the past. In addition, now the digital versions of all the quarterly Cadence newsletters released till date are available on the website. The BOS also intends to publish a recordings of all WIROC orations online on the website. We will continue to strive for providing high quality web based educational content for members.

Web Master

Dr. Kshitij Chaudhary

Web Master

Dr. Agnivesh Tikoo

ANNOUNCEMENTS

BOS HELP DESK

Time: 11.00 am - 4.00 pm (Monday to Friday)

BOS has established a Dedicated Telephonic Help Desk for its Members. Members can reach out on +91 9833635436 for any queries. This is being done so that, members have a telephonic mode of contact for matters related to membership queries, courses and other academic events.

BOS ELECTRONIC NEWS LETTER

The Bombay Orthopaedic Society plans to publish a Quarterly Electronic News Letter. This News Letter would be circulated to all BOS Members by Email. The News Letter would have an overview of Courses and meetings conducted in the academic year, Updates on upcoming meetings and events, invited articles and Blogs from Eminent Members of the Society and section dedicated to Academic Achievements by our Members on various National and International Academic Forums.

Newsletter Team

Dr. Arjun Dhawale

Dr. Kshitij Chaudhary

Dr. Swapnil M. Keny

UPCOMING CONFERENCES

IOACON 2021

Date: December 2021

Details will be announced soon

WIROC 2021

Details will be announced soon

MEMBERSHIP DETAILS



FULLY ONLINE MEMBERSHIP PORTAL

BECOME A MEMBER OF BOMBAY ORTHOPAEDIC SOCIETY

LIFE MEMBERSHIP

Eligibility: Postgraduate Orthopaedic Degree recognised by the State Medical Council or the Medical Council of India, Actively practicing Orthopaedic Surgery

Proposed and Seconded by a Life Member of BOS on Prescribed form

Fully paid up all dues (INR 7,500/-)

ASSOCIATE LIFE MEMBER

Eligibility: Members of the Medical Profession interested in Orthopedic Surgery Paramedical Professionals interested in the care of Orthopaedic Patients

Proposed and Seconded by a Life Member on a Prescribed form

Fully Paid up Dues

PROCEDURE

Scrutiny of the Application by the Executive Council and Recommendation to General Body for ratification.

Approval of the General Body to be admitted as a Life Member



**BOMBAY
ORTHOPAEDIC
SOCIETY**

Dr. Swapnil M. Keny, Hon. Secretary (Email: secretary@bombayorth.com)

BOMBAY ORTHOPAEDIC SOCIETY

C/o Vama Events Pvt. Ltd., Office No. 4, Gr. Floor, Anmol C.H.S., Sakharam Keer Road, Parallel to L. J. Road, Shivaji Park, Mumbai - 400 016

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